# **HEALTH (HLTH)**

#### **HLTH 2213 Introduction to Public Health**

**Description:** Introduction to the field of public health focusing on health principles, theories, career opportunities and a field experience.

Previously offered as HHP 2213.

Credit hours: 3

Contact hours: Lecture: 3 Contact: 3

Levels: Undergraduate Schedule types: Lecture

Department/School: Health Sci, Couns, Couns Psych

# **HLTH 2323 Drugs and Society**

**Description:** Impact of recreational use of drugs on society. Topics will include stimulant, depressant, and hallucinogenic recreational drugs, ergogenic substances and current research regarding addiction. Particular focus will be given to current trends of substance use and abuse. Cannot be substituted for HLTH 3913. Previously offered as HHP 2323.

Credit hours: 3

Contact hours: Lecture: 3 Contact: 3

Levels: Undergraduate Schedule types: Lecture

Department/School: Health Sci, Couns, Couns Psych

# **HLTH 2603 Total Wellness (S)**

**Description:** Overview of individual, interpersonal, and sociocultural issues that have an impact on health. Behavioral decision-making, social relations, cultural diversity and environmental sensitivity. Previously offered as HHP 2603.

Credit hours: 3

Contact hours: Lecture: 3 Contact: 3

Levels: Undergraduate Schedule types: Lecture

Department/School: Health Sci, Couns, Couns Psych

General Education and other Course Attributes: Society & Human

Behavior

#### **HLTH 3010 Health Workshop**

**Description:** Concentrated study of special topic(s) related to health not currently covered in the available undergraduate curriculum. Offered for variable credit, 1-3 credit hours, maximum of 6 credit hours.

Credit hours: 1-3

Contact hours: Contact: 1-3 Other: 1-3

Levels: Undergraduate

Schedule types: Independent Study

**Department/School:** Health Sci, Couns, Couns Psych **HLTH 3113 Health Issues in Diverse Populations (D)** 

**Description:** The purpose of the course is to introduce concepts of health disparities, and equity for diverse populations across a range of health topics. The course will also introduce the students to community based solutions to health issues for diverse populations in an effort to promote inclusivity.

Credit hours: 3

Contact hours: Lecture: 3 Contact: 3

Levels: Undergraduate Schedule types: Lecture

Department/School: Health Sci, Couns, Couns Psych General Education and other Course Attributes: Diversity

# **HLTH 3201 Health in Special Populations (D)**

**Description:** Exploration and analysis of the influence of variables like race, ethnicity, gender, sexual orientation, and/or disability on various

health outcomes. **Credit hours:** 1

Contact hours: Lecture: 1 Contact: 1

**Levels:** Undergraduate **Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych **General Education and other Course Attributes:** Diversity

## HLTH 3211 International Comparative Health (I)

**Description:** Global comparisons of disease, immunity and infection. Includes an exploration of the complex interaction between geopolitical systems, resource access, conflict zones, inequality and health from an international perspective.

Credit hours: 1

Contact hours: Lecture: 1 Contact: 1

Levels: Undergraduate Schedule types: Lecture

Department/School: Health Sci, Couns, Couns Psych

General Education and other Course Attributes: International Dimension

#### **HLTH 3343 Public Health Policy**

**Description:** Public health policy from a health in all policies perspective and a systems-thinking framework for understanding the social and political aspects in the United States. Systematic thinking about state and national public health policy and developing skills for policy health advocacy. Focus on key features of the current U.S. health care and political system, and political and socio-economic concepts central to health policy debates. Will provide students with practice in critically evaluating pressing public health policy problems. Previously offered as HLTH 3351.

Credit hours: 3

Contact hours: Lecture: 3 Contact: 3

Levels: Undergraduate Schedule types: Lecture

Department/School: Health Sci, Couns, Couns Psych

# HLTH 3511 Peer Health Education I Prerequisites: Approval of instructor.

**Description:** Comprehensive analysis and application of the theory and practice of peer education principles, designed to educate and provide experiences in preparation for planning and/or participation in integral

university or community peer education programs.

Credit hours: 1

Contact hours: Lecture: 1 Contact: 1

Levels: Undergraduate Schedule types: Lecture

Department/School: Health Sci, Couns, Couns Psych

# **HLTH 3512 Peer Health Education II**

Prerequisites: Successful completion of HHP 3511 and approval of

instructor.

**Description:** Comprehensive analysis and application of the theory and practice of peer education principles, designed to education and provide experiences in preparation for planning and/or participation in integral university or community peer education programs.

Credit hours: 2

Contact hours: Contact: 2 Other. 2

Levels: Undergraduate

Schedule types: Independent Study

Department/School: Health Sci, Couns, Couns Psych

# **HLTH 3603 Understanding HIV (DS)**

**Description:** Examines the HIV global epidemic from historical, political, epidemiological, biological, medical, psychological, legal, and ethical

perspectives. Previously offered as HHP 3603.

Credit hours: 3

Contact hours: Lecture: 3 Contact: 3

Levels: Undergraduate Schedule types: Lecture

Department/School: Health Sci, Couns, Couns Psych

General Education and other Course Attributes: Diversity, Society &

**Human Behavior** 

# **HLTH 3613 Community Health**

**Description:** A survey of issues impacting the health of populations from a community health perspective. Previously offered as HHP 3613.

Credit hours: 3

Contact hours: Lecture: 3 Contact: 3

Levels: Undergraduate Schedule types: Lecture

Department/School: Health Sci, Couns, Couns Psych

#### **HLTH 3623 School Health Programs**

Prerequisites: HLTH 2603.

Description: The identity and relationships of school health instruction,

services and environments. Previously offered as HHP 3623.

Credit hours: 3

Contact hours: Lecture: 3 Contact: 3

Levels: Undergraduate Schedule types: Lecture

Department/School: Health Sci, Couns, Couns Psych

# **HLTH 3643 Health Behavior Theory**

**Description:** Survey of biopsychosocial behavioral models to determine basis for health risk behaviors, with emphasis on determinants of health/risk behavior and exploring health behavior theories across age, sex, ethnicity, culture and socio-economic status. Same course as HHP 4503.

Previously offered as HHP 3643.

Credit hours: 3

Contact hours: Lecture: 3 Contact: 3

Levels: Undergraduate Schedule types: Lecture

Department/School: Health Sci, Couns, Couns Psych

# **HLTH 3673 Physical Activity and Public Health**

**Description:** The course helps students gain an appreciation for the importance of integration of physical activity and public health. The techniques used to measure physical activity, the effects of physical activity on health, and strategies for physical activity promotion are the main content areas of this course.

Credit hours: 3

Contact hours: Lecture: 3 Contact: 3

Levels: Undergraduate Schedule types: Lecture

Department/School: Health Sci, Couns, Couns Psych

#### **HLTH 3723 Principles of Epidemiology**

**Description:** Survey of epidemiological principles as they relate to the planning of both community and consumer-focused health promotion and disease prevention programs. Same course as HHP 4633. Previously offered as HHP 3723.

Credit hours: 3

Contact hours: Lecture: 3 Contact: 3

Levels: Undergraduate Schedule types: Lecture

Department/School: Health Sci, Couns, Couns Psych

## **HLTH 3733 Disability and Health**

**Description:** The course explores the many conceptions of disability in the United States and the psychosocial, health, and wellness impacts on deaf and disabled communities. Students will analyze disparities in deaf and disabled communities using a social determinants of health model, with an emphasis on public health, healthcare, education, and political systems.

Credit hours: 3

Contact hours: Lecture: 3 Contact: 3

Levels: Undergraduate Schedule types: Lecture

Department/School: Health Sci, Couns, Couns Psych

#### **HLTH 3913 Substance Use & Public Health**

**Description:** Introduction to the field of health education and health promotion focusing on health principles, theories, career opportunities, and a field experience. Same course as HHP 4033. Previously offered as

HHP 3913. Credit hours: 3

Contact hours: Lecture: 3 Contact: 3

**Levels:** Undergraduate **Schedule types:** Lecture

Department/School: Health Sci, Couns, Couns Psych

## **HLTH 3923 Principles of Social Justice in Health**

**Description:** Examines the social and structural determinants of health, systems of care for underserved populations, health equity, and social justice. Focus on methods for creating and supporting the resilience of individuals, communities, and populations. The role of public health in relation to social justice will enable students to reflect on the current challenges facing the lives of individuals, communities, and populations. Students will examine the role of public health practitioners in a range of settings, and ways to advocate for needed changes using a social justice

lens.

Credit hours: 3

Contact hours: Lecture: 3 Contact: 3

Levels: Undergraduate Schedule types: Lecture

Department/School: Health Sci, Couns, Couns Psych

# **HLTH 4010 Directed Study in Health**

**Description:** Course is an independent study of health issues and trends through readings, research, and/or analysis. Offered for variable credit,

1-3 credit hours, maximum of 6 credit hours.

Credit hours: 1-3

Contact hours: Contact: 1-3 Other: 1-3

Levels: Undergraduate

Schedule types: Independent Study

Department/School: Health Sci, Couns, Couns Psych

# **HLTH 4233 Health and Sexuality (DS)**

**Description:** The study of human sexuality as it relates to the health and well-being of individuals in the community, college, school or worksite settings. Previously offered as HHP 4233.

Credit hours: 3

Contact hours: Lecture: 3 Contact: 3

Levels: Undergraduate Schedule types: Lecture

Department/School: Health Sci, Couns, Couns Psych

General Education and other Course Attributes: Diversity, Society &

**Human Behavior** 

#### **HLTH 4533 Psychosocial Issues in Public Health**

Description: Psychosocial issues as they relate to the practice of public health. Personal and professional applications of the course material will be emphasized. Previously offered as HHP 4533.

Credit hours: 3

Contact hours: Lecture: 3 Contact: 3

Levels: Undergraduate Schedule types: Lecture

Department/School: Health Sci, Couns, Couns Psych

# HLTH 4770 Internship in Public Health: Exercise and Health (Athletic

Training)

Prerequisites: Last semester; and Senior standing with cumulative 2.75

GPA; current CPR and First Aid Certification.

Description: Supervised field work experience in public health or healthrelated settings for students going in to the Master of Athletic Training 3/2 Program. Offered on a pass/fail basis. Offered for variable credit, 1-12

credit hours, maximum of 12 credit hours.

Credit hours: 1-12

Contact hours: Contact: 1-12 Other. 1-12

Levels: Undergraduate

Schedule types: Independent Study

Department/School: Health Sci, Couns, Couns Psych

#### **HLTH 4783 Public Health and Aging**

Description: An in-depth study of physiological aspects, special health concerns, chronic illnesses and services as applied to gerontology.

Previously offered as HHP 4783.

Credit hours: 3

Contact hours: Lecture: 3 Contact: 3

Levels: Undergraduate Schedule types: Lecture

Department/School: Health Sci, Couns, Couns Psych HLTH 4880 Internship in Public Health: Public Health

Prerequisites: Last semester and Senior standing with cumulative GPA

2.75 and current CPR and First Aid Certification.

Description: Supervised field work experience in public health or healthrelated settings for students in the Public Health option. Previously offered as HHP 4880. Offered on a pass/fail basis. Offered for variable

credit, 1-12 credit hours, maximum of 12 credit hours.

Credit hours: 1-12

Contact hours: Contact: 1-12 Other. 1-12

Levels: Undergraduate

Schedule types: Independent Study

Department/School: Health Sci, Couns, Couns Psych

# **HLTH 4903 Pre-Internship Seminar**

Prerequisites: Last semester prior to internship and consent of instructor. Description: Capstone course for the public health program. Preparation for the health internship experience. Previously offered as HHP and HLTH

4902.

Credit hours: 3

Contact hours: Lecture: 3 Contact: 3

Levels: Undergraduate Schedule types: Lecture

Department/School: Health Sci, Couns, Couns Psych

# **HLTH 4973 Program Design in Public Health**

Description: A survey of program design principles, including theoretical foundations, planning, marketing, delivering and evaluating. Previously offered as HHP 4973.

Credit hours: 3

Contact hours: Lecture: 3 Contact: 3

Levels: Undergraduate Schedule types: Lecture

Department/School: Health Sci, Couns, Couns Psych

## HLTH 4990 Internship in Public Health: Exercise and Health

Prerequisites: Last semester and senior standing with cumulative GPA

2.75 and current CPR and First Aid Certification.

Description: Supervised field work experience in public health or healthrelated settings for students in the Exercise and Health option. Previously offered as HHP 4990. Graded on a pass/fail basis. Offered for variable

credit, 1-12 credit hours, maximum of 12 credit hours.

Credit hours: 1-12

Contact hours: Contact: 1-12 Other: 1-12

Levels: Undergraduate

Schedule types: Independent Study

Department/School: Health Sci, Couns, Couns Psych

#### **HLTH 5000 Thesis Research**

Description: Independent research required of candidates for master's degree. Credit awarded upon completion of thesis. Offered for variable

credit. 1-6 credit hours, maximum of 6 credit hours.

Credit hours: 1-6

Contact hours: Contact: 1-6 Other: 1-6

Levels: Graduate

Schedule types: Independent Study

Department/School: Health Sci, Couns, Couns Psych

# **HLTH 5010 Health Promotion Seminar**

Description: Selected topics from the health promotion profession not covered in other courses. Presentation and critique of research proposals and results. Offered for variable credit, 1-3 credit hours, maximum of 6 credit hours.

Credit hours: 1-3

Contact hours: Contact: 1-3 Other: 1-3

Levels: Graduate

Schedule types: Independent Study

Department/School: Health Sci, Couns, Couns Psych

## **HLTH 5020 Health Promotion Workshop**

Description: Workshop in selected areas of health promotion. Offered for

variable credit, 1-3 credit hours, maximum of 6 credit hours.

Credit hours: 1-3

Contact hours: Contact: 1-3 Other: 1-3

Levels: Graduate

Schedule types: Independent Study

Department/School: Health Sci, Couns, Couns Psych

# **HLTH 5030 Field Experiences in Health Promotion**

Description: Individual investigations and analysis of issues in health promotion. Offered for variable credit, 1-3 credit hours, maximum of 6 credit hours.

Credit hours: 1-3

Contact hours: Contact: 1-3 Other: 1-3

Levels: Graduate

Schedule types: Independent Study

Department/School: Health Sci, Couns, Couns Psych

## **HLTH 5113 Psychological Aspects of Health**

**Description**: Examination of the interactions of biological, psychological, social, and spiritual factors as they impact human health and disease.

Previously offered as HHP 5113.

Credit hours: 3

Contact hours: Lecture: 3 Contact: 3

Levels: Graduate Schedule types: Lecture

Department/School: Health Sci, Couns, Couns Psych

#### **HLTH 5133 Environmental Health**

**Description:** Examination of health issues, etiology of disease, and control and prevention of major environmental health problems in industrialized and developing countries. Same course as MPH 5133.

Previously offered as HHP 5133.

Credit hours: 3

Contact hours: Lecture: 3 Contact: 3

Levels: Graduate
Schedule types: Lecture

Department/School: Health Sci, Couns, Couns Psych

#### **HLTH 5233 Sexuality and Health**

**Description:** The study of human sexuality as it relates to the health and well-being of individuals in the community, college, school, and worksite settings. Particular emphasis will be on examining, developing, or modifying new programming related to sexuality and health. Previously offered as HHP 5233.

Credit hours: 3

Contact hours: Lecture: 3 Contact: 3

Levels: Graduate Schedule types: Lecture

Department/School: Health Sci, Couns, Couns Psych

# **HLTH 5323 General Epidemiology**

Description: Examination of epidemiological theory and its

methodological application to public health. Same course as MPH 5323.

Previously offered as HHP 5323.

Credit hours: 3

Contact hours: Lecture: 3 Contact: 3

Levels: Graduate
Schedule types: Lecture

Department/School: Health Sci, Couns, Couns Psych

# **HLTH 5453 Cultural Issues In Health**

**Description:** Examination of ways in which culture affects health and health care including perceptions of health, disease, treatments, and the values associated with these factors. The need for cultural sensitivity in health care is emphasized. Same course as MPH 5453. Previously offered as HHP 5453.

Credit hours: 3

Contact hours: Lecture: 3 Contact: 3

Levels: Graduate Schedule types: Lecture

Department/School: Health Sci, Couns, Couns Psych

#### **HLTH 5653 Foundations of Public Health Education and Promotion**

**Description:** Exploration of key concepts, philosophies, ethical principles, historical events, theories/models, and responsibilities and competencies of public health promotion. Same course as MPH 5653. Previously offered as HHP 5653.

Credit hours: 3

Contact hours: Lecture: 3 Contact: 3

Levels: Graduate Schedule types: Lecture

Department/School: Health Sci, Couns, Couns Psych

#### HLTH 5683 Health Behavior Theory and Practice for Public Health

**Description:** Theories and concepts of health behavior change and exploration of the application of theories to public health programs. Same

course as MPH 5683. Previously offered as HHP 5683.

Credit hours: 3

Contact hours: Lecture: 3 Contact: 3

Levels: Graduate Schedule types: Lecture

Department/School: Health Sci, Couns, Couns Psych

#### **HLTH 5973 Designing Public Health Programs**

**Description:** Application of program design principles, including needs assessment, theoretical application, program planning and marketing. Same course as MPH 5973. Previously offered as HHP 5973.

Credit hours: 3

Contact hours: Lecture: 3 Contact: 3

Levels: Graduate Schedule types: Lecture

Department/School: Health Sci, Couns, Couns Psych

# ${\it HLTH~5983~Implementation~and~Evaluation~of~Public~Health~Programs}$

**Description:** Application of program implementation and evaluation, including evaluation design. Same course as MPH 5983. Previously

offered as HHP 5983. Credit hours: 3

Contact hours: Lecture: 3 Contact: 3

Levels: Graduate Schedule types: Lecture

Department/School: Health Sci, Couns, Couns Psych

# **HLTH 6000 Doctoral Dissertation**

**Description:** Required of all candidates for the Doctor of Philosophy degree. Credit is given upon completion of the dissertation. Offered for variable credit, 1-15 credit hours, maximum of 27 credit hours.

Credit hours: 1-15

Contact hours: Contact: 1-15 Other: 1-15

Levels: Graduate

Schedule types: Independent Study

Department/School: Health Sci, Couns, Couns Psych

# HLTH 6010 Independent Study in Health Promotion

**Description:** Supervised readings, research or independent study of trends and issues related to the areas of health promotion. Offered for variable credit, 1-6 credit hours, maximum of 6 credit hours.

Credit hours: 1-6

Contact hours: Contact: 1-6 Other: 1-6

Levels: Graduate

Schedule types: Independent Study

**Department/School:** Health Sci, Couns, Couns Psych HLTH 6020 Research Colloquium in Health Promotion

**Description:** Topics-based graduate colloquium that explores selected topics and research in the areas of health promotion. Offered for variable

credit, 1-3 credit hours, maximum of 3 credit hours.

Credit hours: 1-3

Contact hours: Contact: 1-3 Other: 1-3

Levels: Graduate

Schedule types: Independent Study

Department/School: Health Sci, Couns, Couns Psych