

# SCHOOL OF COMMUNITY HEALTH SCIENCES, COUNSELING AND COUNSELING PSYCHOLOGY

Dr. Tonya R. Hammer—School Head

The School of Community Health Sciences, Counseling and Counseling Psychology encompasses undergraduate and graduate academic programs in public health, health education and promotion, mental health counseling, counseling psychology, school counseling and nursing. The School seeks to fulfill the traditional functions of teaching, research, outreach and public service that are consistent with the mission of Oklahoma State University. The mission is to foster the development, integration and application of knowledge, theory, skills and experiences to promote social, physical, psychological, educational and environmental health. Consistent with the goals of the University's Professional Education Council's Core Concepts and Goals Statement, faculty strives to demonstrate and perpetuate teaching based on theory and research-driven educational practices.

## Course Prefixes

Courses that support counseling and counseling psychology are listed in the Catalog under the CPSY prefix. Courses in public health and health education and promotion are listed under the HLTH prefix. Courses in nursing are listed under the NURS prefix.

## Health

DJ McMaughan, PhD—Associate Professor and Program Coordinator

The public health program prepares students to provide preventive services in a community, corporate, or clinical setting. Students can choose between two program options: (1) Exercise and Health; or (2) Community Health. Students culminate their degree requirements with a semester-long internship during their final semester. Upon completion of their undergraduate degree, many students continue graduate study in academic fields like Public Health, Physical Therapy, Athletic Training, Exercise Science, or Medicine. This degree track also prepares students for credentialing opportunities such as the Certified Health Education Specialist (CHES) exam and certifications offered through the American College of Sports Medicine (ACSM).

## BSN Nursing

Alana Cluck, PhD, RN—Assistant Professor and Director

The four-year BSN prepares nurses to work in acute care facilities as well as community settings such as schools, health departments or home health. BSN graduates are prepared to pursue advanced practice degrees to become nurse practitioners, nurse anesthetists and clinical nurse leaders.

The RN to BSN program is an online baccalaureate degree program designed for individuals who have obtained Registered Nurse licensure and have successfully completed either an accredited associate's degree or diploma program. The program is designed for working adult learners and focuses on health and wellness.

## Counseling and Counseling Psychology

John Romans, PhD—Professor and Area Coordinator

The counseling and counseling psychology program areas offer graduate programs in mental health counseling and school counseling leading to the MS degree in counseling as well as a PhD degree in counseling psychology.

## Programs/Areas of Emphasis Degrees

Degrees offered through the School of Community Health Sciences, Counseling and Counseling Psychology programs include Bachelor of Science (BS), Master of Science (MS) and Doctor of Philosophy (PhD).

### Counseling/Counseling Psychology

- Mental Health Counseling - MS
- School Counseling - MS
- Counseling Psychology - PhD

### Community Health Sciences

- Nursing - BSN
- Nursing - RN to BSN
- Public Health - BS
- Community Health Sciences - PhD

### Health and Human Performance

- Health Education and Promotion - MS

## Courses

### CPSY 1113 Career: Journey of A Lifetime

**Description:** Assists students in exploring career options through increased understanding of self and expanded knowledge of occupational information. Includes a study of the decision-making process and a look at the present and future changing world of work. Previously offered as CPSY 1112 and ABSE 1112.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

### CPSY 3003 Introduction to Counseling and Related Professions

**Description:** Professions related to counseling such as career counseling, community mental health counseling, school counseling, and substance abuse counseling are examined. Students will also learn about diversity and legal and ethical issues within counseling professions.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

### **CPSY 3013 Introduction to Helping Skills**

**Prerequisites:** Upper division standing and successful completion of CPSY 3003.

**Description:** This course serves as a general overview of applied helping skills for those who are considering the counseling profession or related professions as a career. Students will learn major counseling theories and will practice basic helping skills. Instructional methods will include lecture, small-group interaction, discussion, and role plays.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

### **CPSY 3023 Mental Health in Schools and the Community**

**Description:** An introduction to mental health issues in school and community settings for education or other helping profession majors. Students will learn about topics such as signs of depression; substance abuse; anxiety, including test anxiety; crisis prevention and response; suicidality and violence in schools; bullying; domestic violence; and cyber-citizenship.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

### **CPSY 3320 Seminar in Counseling Psychology**

**Description:** In-depth exploration of contemporary topics in counseling psychology. Offered for variable credit, 1-9 credit hours, maximum of 9 credit hours.

**Credit hours:** 1-9

**Contact hours:** Contact: 1-9 Other: 1-9

**Levels:** Undergraduate

**Schedule types:** Independent Study

**Department/School:** Health Sci, Couns, Couns Psych

### **CPSY 4013 Field Experience in Counseling**

**Prerequisites:** CPSY 3003 and CPSY 3013.

**Description:** A senior capstone/field experience for students considering graduate work in counseling psychology, school counseling, community counseling, or a counseling-related profession. The field experience provides students with the opportunity to apply the skills, knowledge, and techniques in an applied setting. Students can expect to gain an understanding of the philosophy, organization, and tasks of their field site to assist in guiding their decision for a future career path.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

### **CPSY 4443 Cultural Diversity in Professional Life (D)**

**Description:** Knowledge, awareness and skills regarding cultural diversity in one's professional life. Previously offered as EDUC 4443.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**General Education and other Course Attributes:** Diversity

### **CPSY 5000 Master's Thesis**

**Description:** Consent of advisory committee chairperson. Report of research conducted by a student in the master's program in counseling. Credit given and grade assigned upon completion and acceptance of the thesis. Offered for variable credit, 1-6 credit hours, maximum of 6 credit hours.

**Credit hours:** 1-6

**Contact hours:** Contact: 1-6 Other: 1-6

**Levels:** Graduate

**Schedule types:** Independent Study

**Department/School:** Health Sci, Couns, Couns Psych

### **CPSY 5173 Gerontological Counseling**

**Description:** An examination of mental health treatment modalities and approaches to counseling with older adults. An experiential component is included. Previously offered as ABSE 5173.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

### **CPSY 5320 Seminar in Counseling Psychology**

**Description:** Graduate standing. In-depth exploration of contemporary topics in counseling psychology. Offered for variable credit, 3-9 credit hours, maximum of 9 credit hours.

**Credit hours:** 3-9

**Contact hours:** Contact: 3-9 Other: 3-9

**Levels:** Graduate

**Schedule types:** Independent Study

**Department/School:** Health Sci, Couns, Couns Psych

### **CPSY 5323 Relational Cultural Theory**

**Description:** The goal of this course is to gain an understanding of the theoretical foundation of the Relational Cultural Model of psychotherapy.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

### **CPSY 5413 Child and Adolescent Counseling**

**Description:** Counseling theories and techniques for working with children, adolescents, and their parents in individual and group counseling and consulting. Laboratory portion translates theory to practice.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 5423 Crisis Intervention, Disaster Mental Health, and Trauma Counseling**

**Description:** Prepares counselors, educators, and administrators to address the crisis/disaster situations which may arise in schools, colleges, and community mental health settings. Preparation includes what sort of events constitute a crisis, prevention efforts, preparedness, and crisis/disaster intervention strategies. Basics of trauma, and trauma counseling for counselors working in individual and group settings are covered for schools and community mental health settings.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 5433 Expressive Arts in Counseling**

**Description:** Provides graduate students in counseling with an opportunity to learn the history, theoretical foundations, and practice of expressive arts in counseling. This course will be held in a seminar format with an experiential component and an emphasis on class discussions.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 5453 Vocational and Career Information**

**Description:** Local, state and national sources of occupational information about jobs and sociological factors related to career planning and worker effectiveness. Previously offered as ABSE 5453.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 5473 Basic Counseling Skills**

**Prerequisites:** Graduate standing.

**Description:** Basic attending and relationship building skills needed to develop an effective therapeutic relationship, establish counseling goals, and evaluate client outcomes. Previously offered as ABSE 5473.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 5483 Mental Health Counseling**

**Description:** Base of knowledge about the counseling profession, its history, philosophy, and identity. The roles and responsibilities of the professional counselor as therapist and advocate in working competently with culturally diverse populations in a socially and culturally diverse society.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 5493 Professional and Ethical Issues in Counseling**

**Prerequisites:** Admission to community counseling, elementary or secondary school counseling graduate program or consent of instructor.

**Description:** Principles and issues of professionalism and ethics. Seminar format with special emphasis on student's thorough preparation for, and active participation in, class discussions.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 5503 Multicultural Counseling**

**Description:** Emphasis on effective communication skills in cross-cultural counseling or helping relationships and the integration of theoretical knowledge with experimental learning. Psycho-social factors, life styles, etc. of various cultural and ethnic groups and their influence on the helping relationship. Previously offered as ABSE 5503.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 5513 Comprehensive School Counseling Programs**

**Description:** Foundations of school counseling focusing on the knowledge and skills required to develop, implement, coordinate, and manage a comprehensive, developmental school counseling program.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 5523 Assessment in Counseling**

**Description:** An introductory study of the psychological assessments most widely used in the fields of school and clinical counseling. Previously offered as ABSE 5520.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 5533 Foundations of Play Therapy**

**Prerequisites:** CPSY 5473.

**Description:** Overview of essential play therapy elements and principles, including history, theories and techniques, and modalities. Emphasis on observation and application of play therapy skills and techniques.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 5543 Career Development Theories**

**Description:** Historical and contemporary viewpoints advanced by Ginsberg, Super, Holland, Roe, etc. Counselors are assisted in developing the theoretical and applied basis for developing school-based career education programs and for assisting individuals in career planning. Previously offered as ABSE 5543.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 5553 Theories of Counseling**

**Description:** Exploration of the foundations of major individual counseling theoretical approaches with opportunities for personal reflection and application. Previously offered as ABSE 5553.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 5563 Conceptualization and Diagnosis in Counseling**

**Description:** Conceptualization and diagnosis through a study of principles of understanding dysfunction in human behavior or social disorganization and provides an in-depth knowledge of use of the DSM classification system.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 5583 Group Process**

**Description:** Group dynamics, theory and techniques applicable to working with people of all ages in various school and non-school settings. Group member competencies are stressed during the laboratory period. Previously offered as ABSE 5583.

**Credit hours:** 3

**Contact hours:** Lecture: 2 Contact: 3 Other: 1

**Levels:** Graduate

**Schedule types:** Independent Study, Lecture, Combined lecture & IS

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 5593 Counseling Practicum**

**Prerequisites:** Grade of "B" or better in CPSY 5473, CPSY 5493, CPSY 5553, CPSY 5563, and CPSY 5583; admission to program or instructor consent.

**Description:** Supervised experience in human interaction processes of counseling and consulting with the major goal of facilitating positive growth processes through individual supervision. May be conducted in a variety of settings with a wide range of developmental levels. Previously offered as ABSE 5590.

**Credit hours:** 3

**Contact hours:** Contact: 3 Other: 3

**Levels:** Graduate

**Schedule types:** Independent Study

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 5663 Counseling And Sexuality**

**Prerequisites:** Permission of instructor.

**Description:** Current trends in counseling clients with sexual problems, as well as clients with varying sexual orientations and identities.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 5673 Substance Abuse Counseling**

**Prerequisites:** Permission of instructor.

**Description:** Current therapeutic trends, strategies, and modalities used in the treatment of addictions, as well as relapse prevention strategies and treatment of special populations.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 5683 Internship In Counseling I**

**Prerequisites:** Grade of "B" or better in CPSY 5593 and admission to counseling program.

**Description:** Supervised experience working and studying in a counseling agency or setting.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 5693 Internship In Counseling II**

**Prerequisites:** Grade of "B" or better in CPSY 5683 and admission to counseling program.

**Description:** Supervised experience working and studying in a counseling agency or setting.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 5720 Workshop**

**Description:** Professional workshops on various topics. Designed to meet unique or special needs of professionals in various mental health fields. Offered for variable credit, 1-9 credit hours, maximum of 9 credit hours.

**Credit hours:** 1-9

**Contact hours:** Lecture: 1-9 Contact: 1-9

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 5773 Substance Abuse Counseling Theories**

**Description:** Introduction to contemporary theories of addiction for advanced counseling, counseling psychology and related professional graduate students and for practicing mental health professionals. Content includes multicultural case studies utilizing motivational interviewing, moral theory, developmental theory, cognitive behavioral theories, attachment theory, and sociological theory. The focus is understanding theories related to addiction and relapse prevention.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 5783 Substance Abuse Psychopharmacology**

**Description:** This course covers the major areas of psychopharmacology, including the basic principles of pharmacology, neuroanatomy and neurotransmitter systems, and the properties, actions, and effects of different types of drugs. Students will learn how drugs alter psychological processes.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 5793 Substance Abuse Counseling Internship**

**Description:** A 300-hour field experience allows students to develop specific skills and knowledge surrounding the practice of substance abuse counseling under the direction of a clinical supervisor. Students will be able to apply learning theory and techniques in counseling situations; develop case management and resource allocation skills; determine appropriate assessments of clients; network with supervisors, colleagues, and professionals from a variety of agencies.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 6000 Doctoral Dissertation**

**Prerequisites:** Consent of advisory committee chairperson.

**Description:** Report of research conducted by a student in the doctoral program in counseling psychology. Credit given and grade assigned upon completion and acceptance of the doctoral dissertation. Offered for variable credit, 1-9 credit hours, maximum of 25 credit hours.

**Credit hours:** 1-9

**Contact hours:** Contact: 1-9 Other: 1-9

**Levels:** Graduate

**Schedule types:** Independent Study

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 6053 Ethical and Legal Issues in Professional Psychology**

**Prerequisites:** Consent of instructor.

**Description:** Ethical and legal standards applied to the professional practice of psychology. Previously offered as CPSY 6503.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 6083 Principles of Counseling Psychology**

**Prerequisites:** Admission to the doctoral program in counseling psychology.

**Description:** Development, theoretical foundations and applications of therapeutic models of counseling and psychology. Previously offered as ABSE 6083.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 6123 Adult Personality Assessment**

**Prerequisites:** Admission to counseling, school, or clinical psychology program.

**Description:** Administration and interpretation of adult personality assessment instruments such as Rorschach, TAT and DAP. Previously offered as ABSE 6213.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 6153 Personality Theories**

**Prerequisites:** Graduate standing.

**Description:** An in-depth analysis of personality theories and personality disorders. Previously offered as ABSE 6153.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 6163 Advanced Counseling Theories and Interventions**

**Prerequisites:** Grade of "B" or better in CPSY 5553 (Theories) or other Master's level Theories course.

**Description:** Continued exploration of major individual counseling theoretical approaches with a particular focus on third-wave, experiential approaches. Provides intensive practice in both technical and conceptual skills with emphasis on self-awareness, case conceptualization, and racial-cultural considerations.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 6223 Beck's Cognitive Therapy**

**Prerequisites:** Graduate standing in counseling, counseling psychology, school psychology, or clinical psychology; or consent of instructor.

**Description:** The theory and practice of Aaron T. Beck's cognitive therapy approach. Cognitive restructuring, problem-solving, imagery work, and cognitive case conceptualization skills to help clients with a variety of presenting problems.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 6310 Advanced Practicum and Supervision****Prerequisites:** Admission to counseling psychology program.**Description:** For prospective counseling psychologists, counselor educators and supervisors, and practicing counselors. Supervised assistance in development of counseling, consulting, and supervising competencies. Previously offered as ABSE 6310. Offered for variable credit, 3-12 credit hours, maximum of 12 credit hours.**Credit hours:** 3-12**Contact hours:** Contact: 3-12 Other: 3-12**Levels:** Graduate**Schedule types:** Independent Study**Department/School:** Health Sci, Couns, Couns Psych**CPSY 6313 Advanced Group Interventions****Prerequisites:** Admission to counseling psychology program or consent of instructor.**Description:** Discussion and exploration of various aspects of group development and treatment. Theory and application of theory. Various factors associated with group psychotherapy cohesion, dynamics and screening. Course previously offered as ABSE 6313.**Credit hours:** 3**Contact hours:** Lecture: 3 Contact: 3**Levels:** Graduate**Schedule types:** Lecture**Department/School:** Health Sci, Couns, Couns Psych**CPSY 6323 Psychological Consultation****Prerequisites:** Admission to graduate program in the SAHEP or psychology program.**Description:** Models and strategies for the delivery of special services in the schools and other agencies that focus on serving the mental health needs of children, adolescents and adults. The use of consultation as a problem-solving alternative to the assessment/label approach. Students can receive credit in only one of the courses. Same course as EPSY 6323.**Credit hours:** 3**Contact hours:** Lecture: 3 Contact: 3**Levels:** Graduate**Schedule types:** Lecture**Department/School:** Health Sci, Couns, Couns Psych**CPSY 6413 Counseling Psychology Practicum I****Prerequisites:** Admission to the doctoral program in counseling psychology.**Description:** For prospective counseling psychologists. Individual and group supervision and didactic experiences to facilitate the development of counseling psychology competencies with clients at practicum sites. Establishing therapeutic conditions conducive to growth and change.**Credit hours:** 3**Contact hours:** Contact: 3 Other: 3**Levels:** Graduate**Schedule types:** Independent Study**Department/School:** Health Sci, Couns, Couns Psych**CPSY 6423 Counseling Psychology Practicum II****Prerequisites:** Grade of "B" or better in CPSY 6413.**Description:** For prospective counseling psychologists. Individual and group supervision and didactic experiences to facilitate the development of counseling psychology competencies with clients at practicum sites. Integrating theory and research into the practice of counseling psychology.**Credit hours:** 3**Contact hours:** Contact: 3 Other: 3**Levels:** Graduate**Schedule types:** Independent Study**Department/School:** Health Sci, Couns, Couns Psych**CPSY 6433 Counseling Psychology Practicum III****Prerequisites:** Grade of "B" or better in CPSY 6423.**Description:** For prospective counseling psychologists. Individual and group supervision and didactic experiences to facilitate the development of counseling psychology competencies with clients at practicum sites. Integrating theory and psychological assessment skills into the practice of counseling psychology.**Credit hours:** 3**Contact hours:** Contact: 3 Other: 3**Levels:** Graduate**Schedule types:** Independent Study**Department/School:** Health Sci, Couns, Couns Psych**CPSY 6443 Counseling Psychology Practicum IV****Prerequisites:** Grade of "B" or better in CPSY 6433.**Description:** For prospective counseling psychologists. Individual and group supervision and didactic experiences to facilitate the development of counseling psychology competencies with clients at practicum sites. Building integrating consultation skills into the practice of counseling psychology.**Credit hours:** 3**Contact hours:** Lecture: 3 Contact: 3**Levels:** Graduate**Schedule types:** Lecture**Department/School:** Health Sci, Couns, Couns Psych**CPSY 6543 Clinical Supervision****Prerequisites:** Admission to clinical, counseling or school psychology doctoral program, or consent of instructor.**Description:** Building the doctoral psychology student's knowledge base in theory and research of clinical supervision in psychology, and development and refinement of the student's supervision skills. Current theory and research in supervision, including a practical component.**Credit hours:** 3**Contact hours:** Lecture: 3 Contact: 3**Levels:** Graduate**Schedule types:** Lecture**Department/School:** Health Sci, Couns, Couns Psych**CPSY 6553 Advanced Practice in Marital and Family Treatment****Prerequisites:** Admission to counseling, school or clinical psychology program.**Description:** Advanced methods in assessment, diagnosis, and treatment of marital and family problems. Skill development, professionalism, ethics and case management. Dynamics of co-therapy and conjoint treatment. Case consultation format. Course previously offered as ABSE 6553.**Credit hours:** 3**Contact hours:** Lecture: 3 Contact: 3**Levels:** Graduate**Schedule types:** Lecture**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 6560 Advanced Internship in Counseling**

**Description:** Admission to the doctoral program in psychology. Designed to facilitate counseling effectiveness and to set the stage for a productive life of professional practice. Previously offered as ABSE 6560. Offered for variable credit, 1-3 credit hours, maximum of 6 credit hours.

**Credit hours:** 1-3

**Contact hours:** Contact: 1-3 Other: 1-3

**Levels:** Graduate

**Schedule types:** Independent Study

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 6850 Directed Reading**

**Description:** Directed reading for students with advanced graduate standing. Offered for variable credit, 1-6 credit hours, maximum of 6 credit hours.

**Credit hours:** 1-6

**Contact hours:** Contact: 1-6 Other: 1-6

**Levels:** Graduate

**Schedule types:** Independent Study

**Department/School:** Health Sci, Couns, Couns Psych

**HLTH 2213 Introduction to Public Health**

**Description:** Introduction to the field of public health focusing on health principles, theories, career opportunities and a field experience. Previously offered as HHP 2213.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**HLTH 2323 Drugs and Society**

**Description:** Impact of recreational use of drugs on society. Topics will include stimulant, depressant, and hallucinogenic recreational drugs, ergogenic substances and current research regarding addiction. Particular focus will be given to current trends of substance use and abuse. Cannot be substituted for HLTH 3913. Previously offered as HHP 2323.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**HLTH 2603 Total Wellness (S)**

**Description:** Overview of individual, interpersonal, and sociocultural issues that have an impact on health. Behavioral decision-making, social relations, cultural diversity and environmental sensitivity. Previously offered as HHP 2603.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**General Education and other Course Attributes:** Society & Human Behavior

**HLTH 3010 Health Workshop**

**Description:** Concentrated study of special topic(s) related to health not currently covered in the available undergraduate curriculum. Offered for variable credit, 1-3 credit hours, maximum of 6 credit hours.

**Credit hours:** 1-3

**Contact hours:** Contact: 1-3 Other: 1-3

**Levels:** Undergraduate

**Schedule types:** Independent Study

**Department/School:** Health Sci, Couns, Couns Psych

**HLTH 3113 Health Issues in Diverse Populations (D)**

**Description:** The purpose of the course is to introduce concepts of health disparities, and equity for diverse populations across a range of health topics. The course will also introduce the students to community based solutions to health issues for diverse populations in an effort to promote inclusivity.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**General Education and other Course Attributes:** Diversity

**HLTH 3201 Health in Special Populations (D)**

**Description:** Exploration and analysis of the influence of variables like race, ethnicity, gender, sexual orientation, and/or disability on various health outcomes.

**Credit hours:** 1

**Contact hours:** Lecture: 1 Contact: 1

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**General Education and other Course Attributes:** Diversity

**HLTH 3211 International Comparative Health (I)**

**Description:** Global comparisons of disease, immunity and infection. Includes an exploration of the complex interaction between geopolitical systems, resource access, conflict zones, inequality and health from an international perspective.

**Credit hours:** 1

**Contact hours:** Lecture: 1 Contact: 1

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**General Education and other Course Attributes:** International Dimension

**HLTH 3343 Public Health Policy**

**Description:** Public health policy from a health in all policies perspective and a systems-thinking framework for understanding the social and political aspects in the United States. Systematic thinking about state and national public health policy and developing skills for policy health advocacy. Focus on key features of the current U.S. health care and political system, and political and socio-economic concepts central to health policy debates. Will provide students with practice in critically evaluating pressing public health policy problems. Previously offered as HLTH 3351.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**HLTH 3511 Peer Health Education I****Prerequisites:** Approval of instructor.**Description:** Comprehensive analysis and application of the theory and practice of peer education principles, designed to educate and provide experiences in preparation for planning and/or participation in integral university or community peer education programs.**Credit hours:** 1**Contact hours:** Lecture: 1 Contact: 1**Levels:** Undergraduate**Schedule types:** Lecture**Department/School:** Health Sci, Couns, Couns Psych**HLTH 3512 Peer Health Education II****Prerequisites:** Successful completion of HHP 3511 and approval of instructor.**Description:** Comprehensive analysis and application of the theory and practice of peer education principles, designed to education and provide experiences in preparation for planning and/or participation in integral university or community peer education programs.**Credit hours:** 2**Contact hours:** Contact: 2 Other: 2**Levels:** Undergraduate**Schedule types:** Independent Study**Department/School:** Health Sci, Couns, Couns Psych**HLTH 3603 Understanding HIV (DS)****Description:** Examines the HIV global epidemic from historical, political, epidemiological, biological, medical, psychological, legal, and ethical perspectives. Previously offered as HHP 3603.**Credit hours:** 3**Contact hours:** Lecture: 3 Contact: 3**Levels:** Undergraduate**Schedule types:** Lecture**Department/School:** Health Sci, Couns, Couns Psych**General Education and other Course Attributes:** Diversity, Society & Human Behavior**HLTH 3613 Community Health****Description:** A survey of issues impacting the health of populations from a community health perspective. Previously offered as HHP 3613.**Credit hours:** 3**Contact hours:** Lecture: 3 Contact: 3**Levels:** Undergraduate**Schedule types:** Lecture**Department/School:** Health Sci, Couns, Couns Psych**HLTH 3623 School Health Programs****Prerequisites:** HLTH 2603.**Description:** The identity and relationships of school health instruction, services and environments. Previously offered as HHP 3623.**Credit hours:** 3**Contact hours:** Lecture: 3 Contact: 3**Levels:** Undergraduate**Schedule types:** Lecture**Department/School:** Health Sci, Couns, Couns Psych**HLTH 3643 Health Behavior Theory****Description:** Survey of biopsychosocial behavioral models to determine basis for health risk behaviors, with emphasis on determinants of health/ risk behavior and exploring health behavior theories across age, sex, ethnicity, culture and socio-economic status. Same course as HHP 4503. Previously offered as HHP 3643.**Credit hours:** 3**Contact hours:** Lecture: 3 Contact: 3**Levels:** Undergraduate**Schedule types:** Lecture**Department/School:** Health Sci, Couns, Couns Psych**HLTH 3673 Physical Activity and Public Health****Description:** The course helps students gain an appreciation for the importance of integration of physical activity and public health. The techniques used to measure physical activity, the effects of physical activity on health, and strategies for physical activity promotion are the main content areas of this course.**Credit hours:** 3**Contact hours:** Lecture: 3 Contact: 3**Levels:** Undergraduate**Schedule types:** Lecture**Department/School:** Health Sci, Couns, Couns Psych**HLTH 3723 Principles of Epidemiology****Description:** Survey of epidemiological principles as they relate to the planning of both community and consumer-focused health promotion and disease prevention programs. Same course as HHP 4633. Previously offered as HHP 3723.**Credit hours:** 3**Contact hours:** Lecture: 3 Contact: 3**Levels:** Undergraduate**Schedule types:** Lecture**Department/School:** Health Sci, Couns, Couns Psych**HLTH 3733 Disability and Health****Description:** The course explores the many conceptions of disability in the United States and the psychosocial, health, and wellness impacts on deaf and disabled communities. Students will analyze disparities in deaf and disabled communities using a social determinants of health model, with an emphasis on public health, healthcare, education, and political systems.**Credit hours:** 3**Contact hours:** Lecture: 3 Contact: 3**Levels:** Undergraduate**Schedule types:** Lecture**Department/School:** Health Sci, Couns, Couns Psych**HLTH 3913 Substance Use & Public Health****Description:** Introduction to the field of health education and health promotion focusing on health principles, theories, career opportunities, and a field experience. Same course as HHP 4033. Previously offered as HHP 3913.**Credit hours:** 3**Contact hours:** Lecture: 3 Contact: 3**Levels:** Undergraduate**Schedule types:** Lecture**Department/School:** Health Sci, Couns, Couns Psych



**HLTH 3923 Principles of Social Justice in Health**

**Description:** Examines the social and structural determinants of health, systems of care for underserved populations, health equity, and social justice. Focus on methods for creating and supporting the resilience of individuals, communities, and populations. The role of public health in relation to social justice will enable students to reflect on the current challenges facing the lives of individuals, communities, and populations. Students will examine the role of public health practitioners in a range of settings, and ways to advocate for needed changes using a social justice lens.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**HLTH 4010 Directed Study in Health**

**Description:** Course is an independent study of health issues and trends through readings, research, and/or analysis. Offered for variable credit, 1-3 credit hours, maximum of 6 credit hours.

**Credit hours:** 1-3

**Contact hours:** Contact: 1-3 Other: 1-3

**Levels:** Undergraduate

**Schedule types:** Independent Study

**Department/School:** Health Sci, Couns, Couns Psych

**HLTH 4233 Health and Sexuality (DS)**

**Description:** The study of human sexuality as it relates to the health and well-being of individuals in the community, college, school or worksite settings. Previously offered as HHP 4233.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**General Education and other Course Attributes:** Diversity, Society & Human Behavior

**HLTH 4533 Psychosocial Issues in Public Health**

**Description:** Psychosocial issues as they relate to the practice of public health. Personal and professional applications of the course material will be emphasized. Previously offered as HHP 4533.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**HLTH 4770 Internship in Public Health: Exercise and Health (Athletic Training)**

**Prerequisites:** Last semester; and Senior standing with cumulative 2.75 GPA; current CPR and First Aid Certification.

**Description:** Supervised field work experience in public health or health-related settings for students going in to the Master of Athletic Training 3/2 Program. Offered on a pass/fail basis. Offered for variable credit, 1-12 credit hours, maximum of 12 credit hours.

**Credit hours:** 1-12

**Contact hours:** Contact: 1-12 Other: 1-12

**Levels:** Undergraduate

**Schedule types:** Independent Study

**Department/School:** Health Sci, Couns, Couns Psych

**HLTH 4783 Public Health and Aging**

**Description:** An in-depth study of physiological aspects, special health concerns, chronic illnesses and services as applied to gerontology. Previously offered as HHP 4783.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**HLTH 4880 Internship in Public Health: Public Health**

**Prerequisites:** Last semester and Senior standing with cumulative GPA 2.75 and current CPR and First Aid Certification.

**Description:** Supervised field work experience in public health or health-related settings for students in the Public Health option. Previously offered as HHP 4880. Offered on a pass/fail basis. Offered for variable credit, 1-12 credit hours, maximum of 12 credit hours.

**Credit hours:** 1-12

**Contact hours:** Contact: 1-12 Other: 1-12

**Levels:** Undergraduate

**Schedule types:** Independent Study

**Department/School:** Health Sci, Couns, Couns Psych

**HLTH 4903 Pre-Internship Seminar**

**Prerequisites:** Last semester prior to internship and consent of instructor.

**Description:** Capstone course for the public health program. Preparation for the health internship experience. Previously offered as HHP and HLTH 4902.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**HLTH 4973 Program Design in Public Health**

**Description:** A survey of program design principles, including theoretical foundations, planning, marketing, delivering and evaluating. Previously offered as HHP 4973.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**HLTH 4990 Internship in Public Health: Exercise and Health**

**Prerequisites:** Last semester and senior standing with cumulative GPA 2.75 and current CPR and First Aid Certification.

**Description:** Supervised field work experience in public health or health-related settings for students in the Exercise and Health option. Previously offered as HHP 4990. Graded on a pass/fail basis. Offered for variable credit, 1-12 credit hours, maximum of 12 credit hours.

**Credit hours:** 1-12

**Contact hours:** Contact: 1-12 Other: 1-12

**Levels:** Undergraduate

**Schedule types:** Independent Study

**Department/School:** Health Sci, Couns, Couns Psych

**HLTH 5000 Thesis Research**

**Description:** Independent research required of candidates for master's degree. Credit awarded upon completion of thesis. Offered for variable credit, 1-6 credit hours, maximum of 6 credit hours.

**Credit hours:** 1-6

**Contact hours:** Contact: 1-6 Other: 1-6

**Levels:** Graduate

**Schedule types:** Independent Study

**Department/School:** Health Sci, Couns, Couns Psych

**HLTH 5010 Health Promotion Seminar**

**Description:** Selected topics from the health promotion profession not covered in other courses. Presentation and critique of research proposals and results. Offered for variable credit, 1-3 credit hours, maximum of 6 credit hours.

**Credit hours:** 1-3

**Contact hours:** Contact: 1-3 Other: 1-3

**Levels:** Graduate

**Schedule types:** Independent Study

**Department/School:** Health Sci, Couns, Couns Psych

**HLTH 5020 Health Promotion Workshop**

**Description:** Workshop in selected areas of health promotion. Offered for variable credit, 1-3 credit hours, maximum of 6 credit hours.

**Credit hours:** 1-3

**Contact hours:** Contact: 1-3 Other: 1-3

**Levels:** Graduate

**Schedule types:** Independent Study

**Department/School:** Health Sci, Couns, Couns Psych

**HLTH 5030 Field Experiences in Health Promotion**

**Description:** Individual investigations and analysis of issues in health promotion. Offered for variable credit, 1-3 credit hours, maximum of 6 credit hours.

**Credit hours:** 1-3

**Contact hours:** Contact: 1-3 Other: 1-3

**Levels:** Graduate

**Schedule types:** Independent Study

**Department/School:** Health Sci, Couns, Couns Psych

**HLTH 5113 Psychological Aspects of Health**

**Description:** Examination of the interactions of biological, psychological, social, and spiritual factors as they impact human health and disease. Previously offered as HHP 5113.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**HLTH 5133 Environmental Health**

**Description:** Examination of health issues, etiology of disease, and control and prevention of major environmental health problems in industrialized and developing countries. Same course as MPH 5133. Previously offered as HHP 5133.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**HLTH 5233 Sexuality and Health**

**Description:** The study of human sexuality as it relates to the health and well-being of individuals in the community, college, school, and worksite settings. Particular emphasis will be on examining, developing, or modifying new programming related to sexuality and health. Previously offered as HHP 5233.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**HLTH 5323 General Epidemiology**

**Description:** Examination of epidemiological theory and its methodological application to public health. Same course as MPH 5323. Previously offered as HHP 5323.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**HLTH 5453 Cultural Issues In Health**

**Description:** Examination of ways in which culture affects health and health care including perceptions of health, disease, treatments, and the values associated with these factors. The need for cultural sensitivity in health care is emphasized. Same course as MPH 5453. Previously offered as HHP 5453.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**HLTH 5653 Foundations of Public Health Education and Promotion**

**Description:** Exploration of key concepts, philosophies, ethical principles, historical events, theories/models, and responsibilities and competencies of public health promotion. Same course as MPH 5653. Previously offered as HHP 5653.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**HLTH 5683 Health Behavior Theory and Practice for Public Health**

**Description:** Theories and concepts of health behavior change and exploration of the application of theories to public health programs. Same course as MPH 5683. Previously offered as HHP 5683.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**HLTH 5973 Designing Public Health Programs**

**Description:** Application of program design principles, including needs assessment, theoretical application, program planning and marketing. Same course as MPH 5973. Previously offered as HHP 5973.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**HLTH 5983 Implementation and Evaluation of Public Health Programs**

**Description:** Application of program implementation and evaluation, including evaluation design. Same course as MPH 5983. Previously offered as HHP 5983.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**HLTH 6000 Doctoral Dissertation**

**Description:** Required of all candidates for the Doctor of Philosophy degree. Credit is given upon completion of the dissertation. Offered for variable credit, 1-15 credit hours, maximum of 27 credit hours.

**Credit hours:** 1-15

**Contact hours:** Contact: 1-15 Other: 1-15

**Levels:** Graduate

**Schedule types:** Independent Study

**Department/School:** Health Sci, Couns, Couns Psych

**HLTH 6010 Independent Study in Health Promotion**

**Description:** Supervised readings, research or independent study of trends and issues related to the areas of health promotion. Offered for variable credit, 1-6 credit hours, maximum of 6 credit hours.

**Credit hours:** 1-6

**Contact hours:** Contact: 1-6 Other: 1-6

**Levels:** Graduate

**Schedule types:** Independent Study

**Department/School:** Health Sci, Couns, Couns Psych

**HLTH 6020 Research Colloquium in Health Promotion**

**Description:** Topics-based graduate colloquium that explores selected topics and research in the areas of health promotion. Offered for variable credit, 1-3 credit hours, maximum of 3 credit hours.

**Credit hours:** 1-3

**Contact hours:** Contact: 1-3 Other: 1-3

**Levels:** Graduate

**Schedule types:** Independent Study

**Department/School:** Health Sci, Couns, Couns Psych

**NURS 3000 Registered Nursing Experience/License**

**Prerequisites:** Associate Degree of Diploma in Nursing plus RN license.

**Description:** Credit to be determined by a successful passing of the NCLEX (National Council Licensing Exam) and holding a current active Registered Nursing License from a state board of nursing. Offered for variable credit, 1-30 credit hours, maximum of 30 credit hours.

**Credit hours:** 1-30

**Contact hours:** Contact: 1-30 Other: 1-30

**Levels:** Undergraduate

**Schedule types:** Independent Study

**Department/School:** Health Sci, Couns, Couns Psych

**NURS 3003 Pharmacology in Nursing**

**Prerequisites:** Admittance to Nursing Program.

**Description:** Presents core drug knowledge, pharmacotherapeutics, pharmacodynamics and pharmacokinetics. Emphasizes dosage calculation and drug classifications by categories affecting various body systems and disease states.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**NURS 3013 Theoretical and Conceptual Foundations of Nursing**

**Prerequisites:** Admittance into the NURS program or RN to BSN program

**Description:** Introduction to concepts and theories pertinent to nursing practice in a variety of healthcare environments. Theories are addressed as frameworks for practice. Historical, legal, cultural, economic, and social factors influencing health care are analyzed. Philosophical perspectives related to professional nursing are considered. Strategies are discussed when analyzing and managing ethical dilemmas and the application of these strategies to health and wellness promotion will be examined.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**NURS 3018 Foundations of Nursing**

**Prerequisites:** Full admittance into the nursing program.

**Description:** Examines concepts of physiological integrity, psychosocial integrity, safe, effective care environments, and health promotion/maintenance. Focuses on beginning competencies with an emphasis on health assessment, interpersonal communication, safety, documentation, and selected basic nursing interventions required for clients with acute and chronic health problems.

**Credit hours:** 8

**Contact hours:** Lecture: 5 Lab: 9 Contact: 14

**Levels:** Undergraduate

**Schedule types:** Lab, Lecture, Combined lecture and lab

**Department/School:** Health Sci, Couns, Couns Psych

**NURS 3025 Health Assessment, Wellness and Community Health**

**Prerequisites:** Associate degree or diploma in nursing plus RN license.

**Description:** Health assessment and its relationship to the prevention and early detection of disease across the life span. Health strategies for communities and diverse populations with social, cultural, environmental, and economic dimensions will be examined. Application of concepts from nursing theorists, core competencies for interprofessional collaborative practice, and the wellness model. Health and wellness promotion in the community will be examined through a clinical component.

**Credit hours:** 5

**Contact hours:** Lecture: 3 Lab: 4 Contact: 7

**Levels:** Undergraduate

**Schedule types:** Lab, Lecture, Combined lecture and lab

**Department/School:** Health Sci, Couns, Couns Psych

**NURS 3033 Cultural Considerations in Health Care**

**Prerequisites:** Admittance into the NURS program or RN to BSN program

**Description:** Improving cultural awareness, cultural sensitivity and cultural competency among health care professionals. Expands the understanding of cultural diversity in relation to health care beliefs and practices and prepares students to better implement and evaluate individualized plans to improve health care delivery in diverse settings and population groups.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**NURS 3043 Global and Public Health**

**Prerequisites:** Admittance into the NURS program or RN to BSN program

**Description:** An introduction of the main concepts of the global health field and explores the impact of professional nursing on the health and well-being of individuals. Overview of principles and goals related to global health, global health issues, burden of disease and interprofessional collaboration to improve health. Students utilize critical reasoning and evidence-based practices. Previously offered as NURS 3034.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**NURS 3103 Pharmacology in Nursing II**

**Prerequisites:** NURS 3018 and NURS 3003 and NURS 3013

**Description:** Presents advanced drug knowledge, pharmacotherapeutics, pharmacodynamics, and pharmacokinetics with special attention to polypharmacy.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**NURS 3118 Adult Health Nursing I**

**Prerequisites:** NURS 3018 and BIOL 3214 and NSCI 2013.

**Description:** Provides concept based nursing theory for holistic care of adult clients with health alterations. Includes physical and mental wellness, diagnostic and therapeutic nursing interventions, emphasizing the nursing process and critical thinking to manage acute and chronic health alterations. Provides opportunities to practice nursing skills in simulated and actual medial surgical and mental health clinical settings.

**Credit hours:** 8

**Contact hours:** Lecture: 5 Lab: 9 Contact: 14

**Levels:** Undergraduate

**Schedule types:** Lab, Lecture, Combined lecture and lab

**Department/School:** Health Sci, Couns, Couns Psych

**NURS 3223 Global and Cultural Competency in Nursing**

**Prerequisites:** Admittance into the NURS program or RN to BSN program; and NURS 3018 and NURS 3013 and NURS 3003.

**Description:** Expands understanding of cultural diversity and global concepts in relation to health care beliefs and practices. Prepares students to improve healthcare delivery in globally diverse settings and population groups. Previously offered as NURS 3224.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**NURS 4013 Healthcare Policy, Finance and Regulatory Environments**

**Prerequisites:** Associate degree or diploma in nursing plus RN license.

NURS 3013, NURS 3025, NURS 3033, NURS 3034.

**Description:** Provides information, perspectives and strategies that nurses need to develop the capacity and skills to influence reform, quality of care and access to health. Active learning strategies include individual and group learning experiences.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**NURS 4023 Trends and Issues in Nursing**

**Prerequisites:** Admittance into the NURS program or RN to BSN program

**Description:** An overview of the evolution of nursing as a profession while introducing students to their role as scholarly practitioners. Examination of changes in the U.S. healthcare system, the importance of information technology and measures that promote quality, safety and improved outcomes in patient care as well as issues and trends in contemporary practice, the importance of interprofessional collaboration and the influence of socioeconomic, ethical, legal and professional values.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**NURS 4034 Leadership and Management in Nursing**

**Prerequisites:** Associate degree or diploma in nursing plus RN license.

NURS 3013, NURS 3025, NURS 3033, NURS 3043, all with a minimum grade of "C".

**Description:** Examination of selected leadership and management theories and processes critical to a work environment that is efficient, effective, and committed to quality nursing care. Emphasis on the key skills employed by successful nurse leaders/managers. Utilizes a clinical component to prepare graduates for an entry position into the professional nurse manager role. Previously offered as NURS 4033.

**Credit hours:** 4

**Contact hours:** Lecture: 3 Lab: 2 Contact: 5

**Levels:** Undergraduate

**Schedule types:** Lab, Lecture, Combined lecture and lab

**Department/School:** Health Sci, Couns, Couns Psych

**NURS 4043 Nursing Research and Evidenced-Based Practice**

**Prerequisites:** Admittance into the NURS program or RN to BSN program

**Description:** Basic understanding of the research process and its application to nursing and evidence-based practice. Includes appraisal of literature, research design, and statistical methods and analysis. Qualitative, quantitative, and mixed methodology research, data summarization, and principles of measurement will be reviewed. Particular emphasis on ethics and the rights and responsibilities toward human subjects are examined.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**NURS 4050 RN-BSN Capstone**

**Prerequisites:** Associate degree or diploma in nursing plus RN license. NURS 3013, NURS 3025, NURS 3033, and NURS 3043, all with a minimum grade of "C". May take concurrently with NURS 4023, NURS 4034 and NURS 4043.

**Description:** Implementation of knowledge from the RN-BSN curriculum and application of evidence-based practice while utilizing inter-professional collaboration, leadership, management, ethical decision making, healthcare policy at the local, state and global levels, informatics, health, wellness and research. Engagement in community activities promoting health and wellness and the advancement of the role of the baccalaureate prepared registered nurse. Offered for variable credit, 1-6 credit hours, maximum of 6 credit hours.

**Credit hours:** 1-6

**Contact hours:** Lecture: 1-6 Contact: 1-6

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**NURS 4054 Nursing Capstone and Transition to Practice**

**Prerequisites:** NURS 4116 and NURS 4043 and HLTH 4783.

**Description:** As a capstone course, students apply knowledge from the BSN curriculum and engage in activities utilizing evidence-based practice; integrate healthcare policy at the local, state and national levels. Highlights the influence of professional values on the role of the professional nurse. Application of critical thinking, communication, and therapeutic nursing interventions to demonstrate readiness for the NCLEX-RN.

**Credit hours:** 4

**Contact hours:** Lecture: 4 Contact: 4

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**NURS 4116 Adult Health Nursing II**

**Prerequisites:** NURS 3118

**Description:** Provides concept-based nursing theory for holistic care of adult clients with critical health alterations. Clinical focuses on providing high acuity nursing care in critical care clinical settings.

**Credit hours:** 6

**Contact hours:** Lecture: 3 Lab: 9 Contact: 12

**Levels:** Undergraduate

**Schedule types:** Lab, Lecture, Combined lecture and lab

**Department/School:** Health Sci, Couns, Couns Psych

**NURS 4136 Essentials of Nursing Leadership**

**Prerequisites:** NURS 4116 and NURS 4043 and HLTH 4783.

**Description:** Examines selected theories and processes critical to a work environment that are efficient, effective, and committed to quality nursing care. Utilizes a clinical component to prepare graduates for an entry position into the professional nurse leader/manager role.

**Credit hours:** 6

**Contact hours:** Lecture: 3 Lab: 9 Contact: 12

**Levels:** Undergraduate

**Schedule types:** Lab, Lecture, Combined lecture and lab

**Department/School:** Health Sci, Couns, Couns Psych

**NURS 4216 Family and Community Health Nursing**

**Prerequisites:** NURS 3118 and NURS 4043 and NURS 3223 and NURS 3102

**Description:** Provides concepts of nursing theory for the holistic care of child-bearing women, newborns, children, older adults, families and the communities in which they live. Clinical focuses on health and wellness promotion, providing nursing care to vulnerable populations in a variety of settings. Previously offered as NURS 3218.

**Credit hours:** 6

**Contact hours:** Lecture: 3 Lab: 9 Contact: 12

**Levels:** Undergraduate

**Schedule types:** Lab, Lecture, Combined lecture and lab

**Department/School:** Health Sci, Couns, Couns Psych

**NURS 4242 Nursing Informatics**

**Prerequisites:** NURS 4116 and NURS 4216 and NURS 4023

**Description:** Provides an overview of electronic information related to health sciences. Focuses on the use of technology-based health applications to support clinical, administrative, and educational decision-making.

**Credit hours:** 2

**Contact hours:** Lecture: 2 Contact: 2

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

## Undergraduate Programs

- Nursing, BSN (<http://catalog.okstate.edu/education-human-sciences/community-health-sciences-counseling-psychology/nursing-bs/>)
- Nursing: RN to BSN, BS (<http://catalog.okstate.edu/education-human-sciences/community-health-sciences-counseling-psychology/nursing-rn-bsn-bs/>)
- Public Health: Community Health, BS (<http://catalog.okstate.edu/education-human-sciences/community-health-sciences-counseling-psychology/public-health-community-health-bs/>)
- Public Health: Exercise and Health, BS (<http://catalog.okstate.edu/education-human-sciences/community-health-sciences-counseling-psychology/public-health-exercise-health-bs/>)

## Graduate Programs

The community health sciences program area offers graduate programs in Health and Human Performance, option in Health Promotion (MS degree) and Community Health Sciences (PhD degree). The counseling and counseling psychology program area offers graduate programs in Substance Abuse Counseling (Graduate Certificate), mental health counseling and school counseling leading to the MS degree in counseling as well as Counseling Psychology (PhD degree).

## Community Health Sciences

Ho Han, PhD—Assistant Professor and Program Coordinator

### PhD Program

The program prepares excellent, advanced-level community health scholars and practitioners who increase the quality of life for Oklahomans and beyond by utilizing evidence-based practices, social justice frameworks, and cultural competence. Graduates may serve in positions found within K–12 schools, higher education institutions, medical facilities, governmental agencies, non-profit organizations, and corporations. The program helps students to develop experiences that will allow them to meet career needs and goals through interactive and

collaborative research, teaching experience, university and professional service, and outreach and extension.

## Health and Human Performance, option in Health Promotion MS

Ho Han, PhD—Assistant Professor and Program Coordinator

### MS Program

The program prepares students to address lifestyle and health issues across community settings using a behavioral social science lens. These lifestyle and health issues may include nutrition, physical activity, substance abuse, tobacco use, chronic disease, HIV/STI's, diabetes and pregnancy. While our students enter our program from a variety of academic backgrounds such as public health; psychology; sociology; marketing; exercise physiology; political science; and biology, they all graduate with the same goal of enabling people to increase control over, and to improve, their health.

## Counseling Psychology

John Romans, PhD—Professor and Area Coordinator

### PhD Program

This program is accredited by the American Psychological Association (APA) and is based on the scientist-practitioner model of training. The program is designed to prepare students for counseling, consulting, teaching and research roles in various settings such as university counseling centers, academic departments, hospitals, public service settings such as prisons and Veterans Administration Medical Centers, business settings, mental health clinics and community settings. Students are required to follow a specified sequence of study in which academic coursework and practicum experiences are integrated. Students must also complete one year of full-time internship. Application materials for the counseling psychology program are due by December 1st for the following fall enrollment.

## Counseling MS

Lisa Beijan, PhD—Assistant Professor and Program Coordinator

### Mental Health Counseling

This program is intended for individuals who wish to serve as professional counselors in a variety of human service and community mental health agencies. Students may choose elective courses in selected areas of specification such as youth counseling, substance abuse counseling and mental health counseling. The program is designed to meet the academic requirement for licensure as a professional counselor in Oklahoma and the standards set by the Council for Accreditation of Counseling and Related Educational Programs (CACREP) for national accreditation. Application materials for this program are due January 25th for the following summer/fall enrollment.

### School Counseling

This program prepares students to work as counselors in public schools, serving students, teachers and parents. The role of the school counselor is to coordinate the comprehensive school counseling program, focusing on the educational, career, personal and social development of students. Within this comprehensive school counseling program, school counselors provide counseling, consulting, coordinating and appraisal services. The school counseling program is designed to meet the certification requirements for the State of Oklahoma as well as requirements of

the Council for Accreditation of Counseling and Related Educational Programs (CACREP). Application materials for this program are due January 25th for the following summer/fall enrollment.

## Substance Abuse Counseling Certificate

Valerie McGaha, PhD—Associate Professor and Program Coordinator

### Certificate Program

This graduate certificate is designed for graduate students and working professionals from a range of mental health education backgrounds who wish to provide comprehensive mental health and substance abuse treatment through inpatient and outpatient care. The certificate helps meet an overwhelming national need within the mental health field by equipping future and current professionals with the specific tools to address and treat substance abuse and addictions. Those who complete this certificate may also pursue the Licensed Alcohol and Drug Counselor (LADC) credential.

## Certificates

- Pre-Nursing, UCRT (<http://catalog.okstate.edu/education-human-sciences/community-health-sciences-counseling-psychology/pre-nursing-ucrt/>)
- Public Health, UCRT (<http://catalog.okstate.edu/education-human-sciences/community-health-sciences-counseling-psychology/public-health-ucrt/>)

## Minors

- Pre-Counseling (PCOU), Minor (<http://catalog.okstate.edu/education-human-sciences/community-health-sciences-counseling-psychology/pre-counseling-minor/>)
- Public Health (PH), Minor (<http://catalog.okstate.edu/education-human-sciences/community-health-sciences-counseling-psychology/public-health-minor/>)

## Faculty

Tonya R. Hammer, PhD—Professor and School Head

**Professors:** Sue C. Jacobs, PhD; John S.C. Romans, PhD; Carrie Winterowd, PhD

**Associate Professors:** Valerie McGaha, PhD; DJ McMaughan, PhD

**Clinical Associate Professor:** Thomas R. Berry, PhD

**Assistant Professors:** Lisa Beijan, PhD; Diane Cannon, PhD; Xuewei Chen, PhD; Alana Cluck, PhD; Chris Fisher, PhD; Ho Han, PhD; Heontae Kim, PhD; Douglas Knutson, PhD; Jyotsana Sharma, PhD; Jiso Youn, PhD

**Clinical Assistant Professor:** Rebecca Hurst, PhD; Sarah Johnson, PhD; Tracy Kendall, PhD

**Teaching Instructor:** Amy Birchfield, MS, RN