# APPLIED EXERCISE SCIENCE: SPORT AND COACHING SCIENCE, BS

# **Degree Requirements**

Requirements for Students Matriculating in or before Academic Year 2024-2025. Learn more about University Academic Regulation 3.1 (http://catalog.okstate.edu/university-academic-regulations/ #matriculation).

#### Minimum Overall Grade Point Average: 2.0 Total Hours: 120

Code	Title	Hours	
General Education R	equirements		
English Composition			
See Academic Regulation 3.5 (http://catalog.okstate.edu/ university-academic-regulations/#english-composition)			
ENGL 1113	Composition I	3	
or ENGL 1313	Critical Analysis and Writing I		
Select one of the fol	3		
ENGL 1213	Composition II		
ENGL 1413	Critical Analysis and Writing II		
ENGL 3323	Technical Writing		
American History & Government			
Select one of the fol	lowing:	3	
HIST 1103	Survey of American History		
HIST 1483	American History to 1865 (H)		
HIST 1493	American History Since 1865 (DH)		
POLS 1113	American Government	3	
Analytical & Quantita	tive Thought (A)		
MATH 1513	College Algebra (A)	3	
or MATH 1613	Trigonometry (A)		
Select one of the following:		3	
STAT 2013	Elementary Statistics (A)		
STAT 2023	Elementary Statistics for Business and Economics (A)		
STAT 2053	Elementary Statistics for the Social Sciences (A)		
Humanities (H)			
Courses designated	6		
Natural Sciences (N)			
Must include one La	boratory Science (L) course		
Courses designated (N) with one (L)		8	
Social & Behavioral Sciences (S)			
PSYC 1113	Introductory Psychology (S)	3	
Additional General Ec			
Courses designated	5		
Hours Subtotal	40		
Diversity (D) & International Dimension (I)			
May be completed in any part of the degree plan			
Select at least one Diversity (D) course			

College/Departmental RequirementsMinimum GPA 2.00UNIV 1111First Year Seminar (or other approved first year seminar course)EDHS 1111First Year Seminar SupplementEDHS 1111First Year Seminar SupplementNSCI 2013Principles of Human Nutrition (N)3HHP 1703Introduction to Exercise Science3HHP 2553Basic Athletic Injury Management3HHP 2654Applied Anatomy4Hours Subtotal15Major Requirements15Minimum GPA of 2.0015HHP 3114Physiology of ExerciseHHP 3133Ergogenic Aids for Sports and Human PerformanceHHP 3333Ethics in Sports Administration and CoachingHHP 4013Motor Control and LearningHHP 3443Psychosocial Aspects of Sport and CoachingHHP 3663BiomechanicsHHP 3663BiomechanicsHHP 4124Principles of Strength and ConditioningHHP 4480Internship in Health and Human PerformanceHHP 4773Principles of Exercise Testing and Prescription	Total Hours		120
College/Departmental Requirements     Minimum GPA 2.00     UNIV 1111   First Year Seminar (or other approved first year seminar course)   1     DNSCI 2013   Principles of Human Nutrition (N)   1     NSCI 2013   Principles of Human Nutrition (N)   3     HHP 1703   Introduction to Exercise Science   3     HHP 2553   Basic Athletic Injury Management   3     HHP 2554   Applied Anatomy   4     Hours Subtotal   Tomage and the second			28
Minimum GPA 2.00IUNIV 1111First Year Seminar (or other approved first year seminar course)1EDHS 1111First Year Seminar Supplement1NSCI 2013Principles of Human Nutrition (N)3HHP 7103Introduction to Exercise Science3HHP 2553Basic Athletic Injury Management3HHP 2654Applied Anatomy4Hours SubtotalISMinimum GPA of 2.00Fregogenic Aids for Sports and Human PerformanceHHP 3133Ethics in Sports Administration and CoachingHHP 3133Ethics in Sports Administration and CoachingHHP 4013Motor Control and LearningHHP 3553Theory and Practice of CoachingHHP 3663BiomechanicsHHP 4124Principles of Strength and ConditioningHHP 4480Internship in Health and Human PerformanceHHP 4773Principles of Exercise Testing and PrescriptionNSCI 4133Nutrition for Exercise Testing and PrescriptionNSCI 4133Principles of Personal TrainingHHP 3010Health and Human Performance WorkshopHHP 3123Principles of Personal TrainingHHP 4010Directed StudyHHP 4100Directed StudyHHP 4173Sports ManagementMGMT 3963Social Issues in Sports ManagementNSCI 3223Nutrition Across the Life SpanNSCI 4373Principles of Nutrition Education and Behavior ChangeRM 2473Foundation of Recreation ManagementLeadershipSports and t		Contemporary Sport Consumption	
Minimum GPA 2.00Image: ColspaceUNIV 1111First Year Seminar (or other approved first year seminar course)1EDHS 1111First Year Seminar Supplement1NSCI 2013Principles of Human Nutrition (N)1NSCI 2013Principles of Human Nutrition (N)3HHP 2553Basic Athletic Injury Management3HHP 2654Applied Anatomy4Hours SubtotalImage: Colspace3HHP 2654Applied Anatomy4Hours SubtotalErgogenic Aids for Sports and Human Performance3HHP 3133Ethics in Sports Administration and Coaching3HHP 3013Motor Control and Learning3HHP 3553Theory and Practice of Coaching3HHP 3663Biomechanics3HHP 4124Principles of Strength and Conditioning4HHP 4124Principles of Strength and Conditioning4HHP 4773Principles of Exercise Testing and Prescription3HHP 4113Nutrition for Exercise and Sport3HHP 4773Principles of Strength and Conditioning4HHP 4773Principles of Strength and Conditioning4HHP 4113Nutrition for Exercise and Sport3HHP 4113Nutrition for Exercise and Sport3HHP 4132Principles of Personal Training4HHP 41010Directed Study4HHP 4113Principles of Personal Training4HHP 4114Himpilesi of Personal Training4 <td></td> <td></td> <td></td>			
College/Departmental Requirements   Minimum GPA 2.00   UNIV 1111 First Year Seminar (or other approved first year seminar course) 1   EDHS 1111 First Year Seminar Supplement 1   NSCI 2013 Principles of Human Nutrition (N) 3   HHP 1703 Introduction to Exercise Science 3   HHP 2553 Basic Athletic Injury Management 3   HHP 2554 Applied Anatomy 4   Hours Subtotal Ts 5   Major Requirements 15   Minimum GPA of 2.00 HHP 3133 Ergogenic Aids for Sports and Human Performance   HHP 3133 Ethics in Sports Administration and Coaching 3   HHP 3133 Ethics in Sports Administration and Coaching 3   HHP 4013 Motor Control and Learning 3   HHP 3553 Theory and Practice of Coaching 3   HHP 3443 Psychosocial Aspects of Sport and Coaching 3   HHP 4480 Internship in Health and Human Performance 3   HHP 4124 Principles of Exercise Testing and Prescription 3   NSCI 4133 Nutrition for Exercise and Sport 3   HHP 4173		Leadership	
College/Departmental RequirementsMinimum GPA 2.00Instance of the seminar course of the seminar supplement1EDHS 1111First Year Seminar Supplement (N)3HIP 1703Introduction to Exercise Science3HHP 2553Basic Athletic Injury Management3HHP 2654Applied Anatomy4Hours SubtotalInstruction to Exercise Science4HHP 3114Physiology of Exercise4HHP 3133Ergogenic Aids for Sports and Human Performance3HHP 4013Motor Control and Learning3HHP 3443Psychosocial Aspects of Sport and Coaching3HHP 353Theory and Practice of Coaching3HHP 4124Principles of Strength and Conditioning4HHP 4173Principles of Exercise Testing and Performance3HHP 4173Principles of Exercise Testing and Performance3HHP 413Nutrition for Exercise Testing and Performance3HHP 4124Principles of Strength and Conditioning4HHP 4173Principles of Personal Training HHP 41733Performance13HHP 3123Principles of Personal Training HHP 31231HHP 3123Principles of Personal Training HHP 40101HHP 4101Directed Study4HHP 4133Organization, Administration and Curriculum in Physical Education and Athletics28HHP 4010Directed Study <td></td> <td>Behavior Change</td> <td></td>		Behavior Change	
College/Departmental RequirementsMinimum GPA 2.00Inimum GPA 2.00UNIV 1111First Year Seminar (or other approved first year seminar course)1EDHS 1111First Year Seminar Supplement1NSCI 2013Principles of Human Nutrition (N)3HHP 1703Introduction to Exercise Science3HHP 2553Basic Athletic Injury Management3HHP 2654Applied Anatomy4Hours SubtotalInformanceMinimum GPA of 2.00Ferogenic Aids for Sports and Human Performance3HHP 3133Ergogenic Aids for Sports and Human Performance3HHP 3133Ethics in Sports Administration and Coaching3HHP 3443Psychosocial Aspects of Sport and Coaching3HHP 3553Theory and Practice of Coaching3HHP 4124Principles of Strength and Conditioning4HHP 4124Principles of Strength and Conditioning4HHP 4173Principles of Strength and Sport3HHP 4173Principles of Strength and Sport3Hurs SubtotalTrepscription3HHP 3123Principles of Exercise Testing and Prescription3NSCI 4133Nutrition for Exercise and Sport3Hurs 1132Principles of Personal Training4HHP 4010Directed Study4HHP 4110Directed Study4HHP 4113Principles of Personal Training4HHP 4143Principles of Sporta and Coaching3HHP 4133Principles o		•	
College/Departmental RequirementsMinimum GPA 2.00Insimum GPA 2.00UNIV 1111First Year Seminar (or other approved first year seminar course)1EDHS 1111First Year Seminar Supplement1NSCI 2013Principles of Human Nutrition (N)3HHP 1703Introduction to Exercise Science3HHP 2553Basic Athletic Injury Management3HHP 2654Applied Anatomy4Hours SubtotalInstroduction to Exercise Science4Hours SubtotalErgogenic Aids for Sports and Human Performance3HHP 313.3Ethics in Sports Administration and Coaching3HHP 4013Motor Control and Learning3HHP 3553Theory and Practice of Coaching3HHP 3443Psychosocial Aspects of Sport and Coaching3HHP 4124Principles of Strength and Conditioning4HHP 4480Internship in Health and Human Performance3HHP 4773Principles of Exercise Testing and Prescription3NSCI 4133Nutrition for Exercise Testing and Prescription3HHP 4773Principles of Personal Training3HHP 3123Principles of Personal Training4HHP 3123Principles of Personal Training4HHP 4010Directed StudyHHP 4010Firection and AthleticsHHP 4733Sports Management3HHP 4733Sports Management3HOURDSports Management3HHP 4013Sports ManagementHHP 401			
College/Departmental RequirementsMinimum GPA 2.00Instance of the seminar (or other approved first year seminar course)1EDHS 1111First Year Seminar Supplement1NSCI 2013Principles of Human Nutrition (N)3HHP 1703Introduction to Exercise Science3HHP 2553Basic Athletic Injury Management3HHP 2654Applied Anatomy4Hours SubtotalMajor Requirements15Major RequirementsIntroduction for Sports and Human3HHP 3133Ethics in Sports Administration and Coaching3HHP 3443Psychosocial Aspects of Sport and Conditioning3HHP 3443Psychosocial Aspects of Sport and Scoaching3HHP 3443Principles of Strength and Conditioning4HHP 4480Internship in Health and Human Performance3HHP 4480Internship in Health and Human Sperformance3HHP 4480Internship in Strength and Conditioning4HHP 4773Principles of Strength and Conditioning4HHP 4773Principles of Strength and Conditioning3HHP 3123Nutrition for Exercise and Sport3HHP 3123Principles of Personal Training3HHP 3123Principles of Personal Training4HHP 4010Directed Study4HHP 4733Organization, Administration and Curriculum in Physical Education and Athletics		· •	
College/Departmental RequirementsMinimum GPA 2.00Inimum GPA 2.00UNIV 1111First Year Seminar (or other approved first year seminar course)1EDHS 1111First Year Seminar Supplement1NSCI 2013Principles of Human Nutrition (N)3HHP 1703Introduction to Exercise Science3HHP 2553Basic Athletic Injury Management3HHP 2654Applied Anatomy4Hours Subtotal15Major RequirementsIntroduction to Exercise4HHP 3114Physiology of Exercise4HHP 3133Ergogenic Aids for Sports and Human Performance3HHP 4013Motor Control and Learning3HHP 3443Psychosocial Aspects of Sport and Coaching3HHP 3443Pinciples of Strength and Conditioning4HHP 4480Internship in Health and Human Performance3HHP 4124Principles of Strength and Conditioning4HHP 4480Internship in Kealth and Human Performance3HHP 4173Principles of Exercise Testing and Prescription3NSCI 4133Nutrition for Exercise and Sport3HHP 4773Principles of Exercise and Sport3HHP 3010Health and Human Performance Workshop4HHP 3010Health and Human Performance Workshop4HHP 3123Principles of Personal Training4HHP 4010Directed Study4		Curriculum in Physical Education and Athletics	
College/Departmental Requirements     Minimum GPA 2.00     UNIV 1111   First Year Seminar (or other approved first year seminar course)   1     EDHS 1111   First Year Seminar Supplement   1     NSCI 2013   Principles of Human Nutrition (N)   3     HHP 1703   Introduction to Exercise Science   3     HHP 2553   Basic Athletic Injury Management   3     HHP 2654   Applied Anatomy   4     Hours Subtotal   To   5     Major Requirements   15   5     Minimum GPA of 2.00   Fregogenic Aids for Sports and Human Performance   3     HHP 3133   Ergogenic Aids for Sports and Human Performance   3     HHP 3333   Ethics in Sports Administration and Coaching   3     HHP 3443   Psychosocial Aspects of Sport and Coaching   3     HHP 3553   Theory and Practice of Coaching   3     HHP 4124   Principles of Strength and Conditioning   4     HHP 4124   Principles of Exercise Testing and Prescription   3     NSCI 4133   Nutrition for Exercise and Sport   3     HOurs Subtotal <td></td> <td>,</td> <td></td>		,	
College/Departmental Requirements   Minimum GPA 2.00 Instant Year Seminar (or other approved first year seminar course) 1   UNIV 1111 First Year Seminar Supplement 1   NSCI 2013 Principles of Human Nutrition (N) 3   HHP 1703 Introduction to Exercise Science 3   HHP 2553 Basic Athletic Injury Management 3   HHP 2654 Applied Anatomy 4   Hours Subtotal Ts 5   Major Requirements 15   Minimum GPA of 2.00 Frigogenic Aids for Sports and Human Performance 4   HHP 3114 Physiology of Exercise 4   HHP 3133 Ethics in Sports Administration and Coaching 3   HHP 3133 Psychosocial Aspects of Sport and Human Performance 3   HHP 3443 Psychosocial Aspects of Sport and Coaching 3   HHP 3553 Theory and Practice of Coaching 3   HHP 4124 Principles of Exercise Testing and Prescription 4   HHP 4173 Principles of Exercise Testing and Prescription 3   NSCI 4133 Nutrition for Exercise and Sport 3   HOurs Subtotal Performance			
College/Departmental Requirements   Minimum GPA 2.00 Inimum GPA 2.00   UNIV 1111 First Year Seminar (or other approved first year seminar course) 1   EDHS 1111 First Year Seminar Supplement 1   NSCI 2013 Principles of Human Nutrition (N) 3   HHP 1703 Introduction to Exercise Science 3   HHP 2553 Basic Athletic Injury Management 3   HHP 2654 Applied Anatomy 4   Hours Subtotal Ts 5   Major Requirements Ts   Minimum GPA of 2.00 Tergogenic Aids for Sports and Human Performance 3   HHP 3133 Ergogenic Aids for Sports and Human Performance 3   HHP 4013 Motor Control and Learning 3   HHP 3553 Theory and Practice of Coaching 3   HHP 3663 Biomechanics 3   HHP 4124 Principles of Strength and Conditioning 4   HHP 4480 Internship in Health and Human Performance 3   HHP 4173 Principles of Exercise Testing and Prescription 3   HHP 4183 Nutrition for Exercise and Sport 3   HHP 4173			
College/Departmental Requirements     Minimum GPA 2.00     UNIV 1111   First Year Seminar (or other approved first year seminar course)   1     EDHS 1111   First Year Seminar Supplement   1     NSCI 2013   Principles of Human Nutrition (N)   3     HHP 1703   Introduction to Exercise Science   3     HHP 2553   Basic Athletic Injury Management   3     HHP 2654   Applied Anatomy   4     Hours Subtotal   T   5     Major Requirements   1   5     Minimum GPA of 2.00   Ergogenic Aids for Sports and Human Performance   3     HHP 3133   Ergogenic Aids for Sports and Human Performance   3     HHP 3133   Ethics in Sports Administration and Coaching   3     HHP 4013   Motor Control and Learning   3     HHP 3553   Theory and Practice of Coaching   3     HHP 3663   Biomechanics   3     HHP 4124   Principles of Strength and Conditioning   4     HHP 4480   Internship in Health and Human Performance   3     HHP 4173   Performance   3			28
College/Departmental RequirementsMinimum GPA 2.00VIIV 1111UNIV 1111First Year Seminar (or other approved first year seminar course)EDHS 1111First Year Seminar SupplementNSCI 2013Principles of Human Nutrition (N)3HHP 1703HHP 1703Introduction to Exercise Science3HHP 2553Basic Athletic Injury Management3HHP 2654Applied AnatomyHours Subtotal15Major Requirements15Minimum GPA of 2.0015HHP 3114Physiology of ExerciseHHP 3133Ergogenic Aids for Sports and Human PerformanceHHP 3133Ethics in Sports Administration and CoachingHHP 4013Motor Control and LearningHHP 3553Theory and Practice of CoachingHHP 3663BiomechanicsHHP 4124Principles of Strength and ConditioningHHP 4480Internship in Health and Human PerformanceHHP 4773Principles of Exercise Testing and PrescriptionNSCI 4133Nutrition for Exercise and SportHOURS Subtotal3HOURS Subtota			
College/Departmental RequirementsMinimum GPA 2.00UNIV 1111First Year Seminar (or other approved first year seminar course)EDHS 1111First Year Seminar SupplementINSCI 2013Principles of Human Nutrition (N)3HHP 1703Introduction to Exercise Science3HHP 2654Applied AnatomyHours Subtotal15Major RequirementsMinimum GPA of 2.00HHP 3114Physiology of ExerciseHHP 3133Ergogenic Aids for Sports and Human PerformanceHHP 3333Ethics in Sports Administration and CoachingHHP 4013Motor Control and LearningHHP 3553Theory and Practice of CoachingHHP 3663BiomechanicsHHP 3663BiomechanicsHHP 4124Principles of Strength and ConditioningHHP 4173Principles of Exercise Testing and PrescriptionNSCI 4133Nutrition for Exercise and SportHUP 4773Principles of Exercise Testing and Prescription		2	
College/Departmental RequirementsMinimum GPA 2.00UNIV 1111First Year Seminar (or other approved first year seminar course)EDHS 1111First Year Seminar SupplementINSCI 2013Principles of Human Nutrition (N)3HHP 1703Introduction to Exercise Science3HHP 2654Applied AnatomyHurs Subtotal15Major RequirementsMinimum GPA of 2.00HHP 3114Physiology of ExerciseHHP 3133Ergogenic Aids for Sports and Human PerformanceHHP 3333Ethics in Sports Administration and CoachingHHP 4013Motor Control and LearningHHP 3553Theory and Practice of CoachingHHP 3663BiomechanicsHHP 3663BiomechanicsHHP 4124Principles of Strength and ConditioningHHP 4480Internship in Health and Human PerformanceHHP 4773Principles of Exercise Testing and PrescriptionNSCI 4133Nutrition for Exercise and SportNSCI 4133Nutrition for Exercise and Sport			37
College/Departmental RequirementsMinimum GPA 2.00UNIV 1111First Year Seminar (or other approved first year seminar course)EDHS 1111First Year Seminar SupplementEDHS 1111First Year Seminar SupplementNSCI 2013Principles of Human Nutrition (N)3HHP 1703Introduction to Exercise Science3HHP 2553Basic Athletic Injury Management3HHP 2654Applied Anatomy4Hours Subtotal15Major Requirements15Minimum GPA of 2.0015HHP 3114Physiology of ExerciseHHP 3133Ergogenic Aids for Sports and Human PerformanceHHP 3133Ethics in Sports Administration and CoachingHHP 4013Motor Control and LearningHHP 3553Theory and Practice of CoachingHHP 3663BiomechanicsHHP 3663BiomechanicsHHP 4124Principles of Strength and ConditioningHHP 4480Internship in Health and Human PerformanceHHP 4773Principles of Exercise Testing and Prescription		Nutrition for Exercise and Sport	
College/Departmental RequirementsMinimum GPA 2.00UNIV 1111First Year Seminar (or other approved first year seminar course)EDHS 1111First Year Seminar SupplementEDHS 1111First Year Seminar SupplementNSCI 2013Principles of Human Nutrition (N)3HHP 1703HHP 2553Basic Athletic Injury Management3HHP 2654Applied Anatomy4Hours Subtotal15Major Requirements15Minimum GPA of 2.0015HHP 3114Physiology of ExerciseHHP 3133Ergogenic Aids for Sports and Human PerformanceHHP 3333Ethics in Sports Administration and CoachingHHP 3443Psychosocial Aspects of Sport and CoachingHHP 3553Theory and Practice of CoachingHHP 3663BiomechanicsHHP 4124Principles of Strength and ConditioningHHP 4480Internship in Health and Human Performance		Prescription	
College/Departmental RequirementsMinimum GPA 2.00UNIV 1111First Year Seminar (or other approved first year seminar course)EDHS 1111First Year Seminar SupplementNSCI 2013Principles of Human Nutrition (N)HHP 1703Introduction to Exercise ScienceHHP 2553Basic Athletic Injury ManagementHHP 2654Applied AnatomyHours Subtotal15Major Requirements15Minimum GPA of 2.0015HHP 3113Ergogenic Aids for Sports and Human PerformanceHHP 3333Ethics in Sports Administration and CoachingHHP 4013Motor Control and LearningHHP 3553Theory and Practice of CoachingHHP 3663BiomechanicsHHP 4124Principles of Strength and Conditioning		Performance	
College/Departmental RequirementsMinimum GPA 2.00UNIV 1111First Year Seminar (or other approved first year seminar course)EDHS 1111First Year Seminar SupplementEDHS 1111First Year Seminar SupplementNSCI 2013Principles of Human Nutrition (N)HIP 1703Introduction to Exercise ScienceHHP 2553Basic Athletic Injury ManagementHHP 2654Applied AnatomyHours Subtotal15Major Requirements15Minimum GPA of 2.0015HHP 3113Ergogenic Aids for Sports and Human PerformanceHHP 3133Ethics in Sports Administration and CoachingHHP 4013Motor Control and LearningHHP 3553Theory and Practice of CoachingHHP 3663Biomechanics			-
College/Departmental RequirementsMinimum GPA 2.00UNIV 1111First Year Seminar (or other approved first year seminar course)EDHS 1111First Year Seminar SupplementEDHS 1111First Year Seminar SupplementNSCI 2013Principles of Human Nutrition (N)HHP 1703Introduction to Exercise ScienceHHP 2553Basic Athletic Injury ManagementHHP 2654Applied AnatomyHours SubtotalTMajor Requirements1Minimum GPA of 2.00HIP 3114HHP 3133Ergogenic Aids for Sports and Human PerformanceHHP 3333Ethics in Sports Administration and CoachingHHP 4013Motor Control and LearningHHP 3443Psychosocial Aspects of Sport and CoachingHHP 3553Theory and Practice of Coaching			
College/Departmental RequirementsMinimum GPA 2.00UNIV 1111First Year Seminar (or other approved first year seminar course)EDHS 1111First Year Seminar SupplementEDHS 1111First Year Seminar SupplementNSCI 2013Principles of Human Nutrition (N)HHP 1703Introduction to Exercise Science3HHP 2553Basic Athletic Injury Management3HHP 2654Applied AnatomyHurs Subtotal15Major Requirements15Minimum GPA of 2.0015HHP 3114Physiology of ExerciseHHP 3333Ergogenic Aids for Sports and Human PerformanceHHP 3333Ethics in Sports Administration and CoachingHHP 3443Psychosocial Aspects of Sport and Coaching			
College/Departmental RequirementsMinimum GPA 2.00UNIV 1111First Year Seminar (or other approved first year seminar course)EDHS 1111First Year Seminar SupplementEDHS 1111First Year Seminar SupplementNSCI 2013Principles of Human Nutrition (N)HHP 1703Introduction to Exercise ScienceHHP 2553Basic Athletic Injury ManagementHHP 2654Applied AnatomyHUP 2654Applied AnatomyHHP 3114Physiology of ExerciseHHP 3133Ergogenic Aids for Sports and Human PerformanceHHP 3333Ethics in Sports Administration and CoachingHHP 4013Motor Control and Learning		Coaching	
Minimum GPA 2.00UNIV 1111First Year Seminar (or other approved first year seminar course)EDHS 1111First Year Seminar SupplementNSCI 2013Principles of Human Nutrition (N)HP 1703Introduction to Exercise ScienceHHP 2553Basic Athletic Injury ManagementHHP 2654Applied AnatomyHours Subtotal15Major Requirements15Minimum GPA of 2.0015HHP 3133Ergogenic Aids for Sports and Human PerformanceHHP 3333Ethics in Sports Administration and Coaching		5	
College/Departmental RequirementsMinimum GPA 2.00UNIV 1111First Year Seminar (or other approved first year seminar course)EDHS 1111First Year Seminar SupplementEDHS 1111First Year Seminar SupplementNSCI 2013Principles of Human Nutrition (N)HHP 1703Introduction to Exercise ScienceHHP 2553Basic Athletic Injury ManagementHHP 2654Applied AnatomyHurs Subtotal15Major Requirements15Minimum GPA of 2.0015HHP 3114Physiology of ExerciseHHP 3133Ergogenic Aids for Sports and Human		Coaching	
Minimum GPA 2.00UNIV 1111First Year Seminar (or other approved first year seminar course)EDHS 1111First Year Seminar SupplementEDHS 1111First Year Seminar SupplementNSCI 2013Principles of Human Nutrition (N)HHP 1703Introduction to Exercise ScienceHHP 2553Basic Athletic Injury ManagementHHP 2654Applied AnatomyHours Subtotal15Major Requirements15Minimum GPA of 2.015	HHP 3133	Ergogenic Aids for Sports and Human	3
College/Departmental RequirementsMinimum GPA 2.00UNIV 1111First Year Seminar (or other approved first year seminar course)EDHS 1111First Year Seminar SupplementEDHS 1111First Year Seminar SupplementNSCI 2013Principles of Human Nutrition (N)HHP 1703Introduction to Exercise ScienceHHP 2553Basic Athletic Injury ManagementHHP 2654Applied AnatomyHours Subtotal15Major Requirements15	HHP 3114	Physiology of Exercise	4
College/Departmental RequirementsMinimum GPA 2.00UNIV 1111First Year Seminar (or other approved first year seminar course)EDHS 1111First Year Seminar SupplementEDHS 1111First Year Seminar SupplementNSCI 2013Principles of Human Nutrition (N)HHP 1703Introduction to Exercise ScienceHHP 2553Basic Athletic Injury ManagementHHP 2654Applied AnatomyHours SubtotalIst		0	
Minimum GPA 2.00UNIV 1111First Year Seminar (or other approved first year seminar course)EDHS 1111First Year Seminar SupplementNSCI 2013Principles of Human Nutrition (N)HHP 1703Introduction to Exercise ScienceHHP 2553Basic Athletic Injury ManagementHHP 2654Applied Anatomy			
Minimum GPA 2.00UNIV 1111First Year Seminar (or other approved first year seminar course)EDHS 1111First Year Seminar SupplementEDHS 1111First Year Seminar SupplementNSCI 2013Principles of Human Nutrition (N)HHP 1703Introduction to Exercise ScienceHHP 2553Basic Athletic Injury Management		, ppiled / indefinity	
Minimum GPA 2.00UNIV 1111First Year Seminar (or other approved first year seminar course)EDHS 1111First Year Seminar SupplementEDHS 1111First Year Seminar SupplementNSCI 2013Principles of Human Nutrition (N)HHP 1703Introduction to Exercise Science			
College/Departmental Requirements   Minimum GPA 2.00   UNIV 1111 First Year Seminar (or other approved first year seminar course) 1   EDHS 1111 First Year Seminar Supplement 1   NSCI 2013 Principles of Human Nutrition (N) 3			
College/Departmental Requirements   Minimum GPA 2.00   UNIV 1111 First Year Seminar (or other approved first year seminar course)   EDHS 1111 First Year Seminar Supplement 1			
College/Departmental Requirements   Minimum GPA 2.00   UNIV 1111 First Year Seminar (or other approved first year seminar course) 1			
College/Departmental Requirements   Minimum GPA 2.00   UNIV 1111 First Year Seminar (or other approved first 1	FDHS 1111		1
College/Departmental Requirements	UNIV 1111		1
	Minimum GPA 2.00		
	College/Departmenta	al Requirements	
Select at least one International Dimension (I) course	Select at least one In	iternational Dimension (I) course	

## **Other Requirements:**

- 40 Hours of upper-division coursework
- Required for Graduation:

- 2.00 Overall GPA;
- 2.00 Overall GPA for enrollment in HHP 4480.
- · 2.00 GPA in College/Departmental Requirements;
- 2.00 GPA in Major Requirements
- The student must earn minimum grades of "C" or "P" in the College/ Departmental Requirements and Major Requirements.

## Additional State/OSU Requirements

- At least: 60 hours at a four-year institution; 30 hours completed at OSU; 15 of the final 30 or 50% of the upper-division hours in the major field completed at OSU.
- Limit of: one-half of major course requirements as transfer work; onefourth of hours earned by correspondence; 8 transfer correspondence hours.
- Students will be held responsible for degree requirements in effect at the time of matriculation and any changes that are made, so long as these changes do not result in semester credit hours being added or do not delay graduation.
- Degrees that follow this plan must be completed by the end of Summer 2030.