

RECREATIONAL THERAPY, BS

Degree Requirements

Requirements for Students Matriculating in or before Academic Year 2025-2026. Learn more about University Academic Regulation 3.1 (<http://catalog.okstate.edu/university-academic-regulations/#matriculation>).

Minimum Overall Grade Point Average: 2.50

Total Hours: 121

Code	Title	Hours
General Education Requirements		
<i>English Composition</i>		
See Academic Regulation 3.5 (http://catalog.okstate.edu/university-academic-regulations/#english-composition)		
ENGL 1113	Composition I	3
or ENGL 1313	Critical Analysis and Writing I	
Select one of the following:		3
ENGL 1213	Composition II	
ENGL 1413	Critical Analysis and Writing II	
ENGL 3323	Technical Writing	
<i>American History & Government</i>		
Select one of the following:		3
HIST 1103	Survey of American History	
HIST 1483	American History to 1865 (H)	
HIST 1493	American History Since 1865 (DH)	
POLS 1113	American Government	3
<i>Quantitative Thought & Logical Reasoning (Q)</i>		
MATH 1513	College Algebra (Q)	3
<i>Understanding Humanities-Human Heritage & Cultures (H)</i>		
Courses designated (H)		6
<i>Reasoning in the Natural Sciences (N)</i>		
Must include one Laboratory-Based Inquiry (L) course		8
BIOL 1113	Introductory Biology (N)	
& BIOL 1111	and Introductory Biology Laboratory (LN)	
or BIOL 1114	Introductory Biology (LN)	
CHEM 1314	Chemistry I (LN)	
or CHEM 1215	Chemical Principles I (LN)	
<i>Exploring Society & Human Behavior (S)</i>		
Course designated (S)		6
Recommended:		
PSYC 1113	Introductory Psychology (S)	
<i>Diversity (D)</i>		
Courses designated (D)		3
<i>Global Cultural Competency (G)</i>		
Courses designated (G)		3
<i>Additional General Education</i>		
Additional general education credit hours may be required to meet the total 40-hour minimum of general education credit if courses carry more than one general education designation and can be used to meet multiple general education designation hour requirements above.		
Courses designated (Q), (H), (N), (S), (D), (G), or (F).		0

Hours Subtotal		41
College/Departmental Requirements		
Minimum GPA 2.50 with a minimum grade of "C" or "P" in each course		
UNIV 1111	First Year Seminar (or other approved first year seminar course)	1
EDHS 1111	First Year Seminar Supplement	1
or EDHS 3111	Preparing for Your Future Career	
HDFS 2113	Lifespan Human Development (S)	3
HHP 2654	Applied Anatomy	4
RT 3212	Psychomotor Development	2
PSYC 3443	Psychopathology (S)	3
Select one of the following:		3
STAT 2013	Elementary Statistics (Q)	
STAT 2023	Elementary Statistics for Business and Economics (Q)	
STAT 2053	Elementary Statistics for the Social Sciences (Q)	
BIOL 3204	Physiology	4
Hours Subtotal		21
Major Requirements		
Minimum GPA of 2.50 with a minimum grade of "C" or "P" in each course		
RT 2433	Introduction to Recreational Therapy	3
RT 2443	Contemporary Issues in Diversity (DS)	3
RM 2463	Recreation Management and Recreational Therapy Laboratory	3
RT 3413	Recreational Therapy and Mental Illness/Intellectual Disabilities	3
RT 3423	Recreational Therapy in Geriatric Practices	3
RT 3433	Recreational Therapy and Physical Disabilities	3
RT 3441	Warm Water Therapy Lab	1
RT 3443	Assessment in Recreational Therapy	3
RT 3473	Medical Terminology and Procedures for Recreational Therapy (Must be taken with RT 3483)	3
RT 3483	Junior Internship in Recreation Therapy (Must be taken with RT 3473)	3
RT 3843	Recreational Therapy Facilitation Techniques & Interventions	3
RT 4483	Administrative Documentation in Internship for Recreational Therapy (Must be taken with RT 4489)	3
RT 4489	Senior Internship in Recreational Therapy (Must be taken with RT 4483)	9
RT 4581	Senior Seminar in Recreational Therapy	1
RT 4833	Recreational Therapy and Pediatrics	3
RT 4843	Recreational Therapy & Healthcare Administration	3
RT 4933	Advanced Methods In Recreational Therapy	3
Select 6 hours of electives from the following:		6
Upper-division RT courses		
RT 4443	Recreational Therapy and Child Development	

RT 3110	Workshop in Recreational Therapy
EPSY 3113	Psychological Foundations of Childhood
EPSY 3413	Child and Adolescent Development
EPSY 4063	Exploration of the Creative Experience
HDFS 2233	Development of Creative Expression, Play and Motor Skills in Early Childhood
HDFS 3203	Children's Play: A World Perspective (G)
HDFS 3413	Infant and Child Development
HDFS 3423	Adolescent Development in Family Contexts (S)
Hours Subtotal	59
Total Hours	121

Additional Recreational Therapy Degree Requirements

- 40 hours of upper-division coursework.
- Required for graduation:
 - 2.50 Overall GPA;
 - 2.50 GPA in major for enrollment in RT 4489 Senior Internship in Recreational Therapy;
 - and 2.50 GPA in College/Departmental Requirements.
- The student must earn minimum grades of "C" or "P" in the College/Departmental Requirements and Major Requirements.

Example Plan of Study

Finish in Four Plan of Study

The plan below is an **example** of how students can successfully complete degree requirements in four years. This suggested class schedule plan may be used as a guide and can be adjusted based on individual needs. Students are required to meet with an academic advisor prior to enrollment each semester to plan their class schedule, and students are ultimately responsible for completing all degree requirements.

Course	Title	Hours
Freshman		
Fall		
ENGL 1113 or ENGL 1313	Composition I or Critical Analysis and Writing I	3
RT 2433	Introduction to Recreational Therapy	3
BIOL 1113 or BIOL 1114	Introductory Biology (N) or Introductory Biology (LN)	3
RM 2463	Recreation Management and Recreational Therapy Laboratory	3
UNIV 1111	First Year Seminar	1
BIOL 1111	Introductory Biology Laboratory (LN)	1
Hours		14
Spring		
ENGL 1213 or ENGL 1413 or ENGL 3323	Composition II or Critical Analysis and Writing II or Technical Writing	3
RT 3423 or RT 3433	Recreational Therapy in Geriatric Practices or Recreational Therapy and Physical Disabilities	3
PSYC 1113	Introductory Psychology (S)	3
MATH 1513	College Algebra (Q)	3
RT 3110	Workshop in Recreational Therapy	2
RT 3441	Warm Water Therapy Lab	1
Hours		15

Sophomore		
Fall		
HDFS 2113	Lifespan Human Development (S)	3
HIST 1103 or HIST 1483 or HIST 1493	Survey of American History or American History to 1865 (H) or American History Since 1865 (DH)	3
CHEM 1314 or CHEM 1215	Chemistry I (LN) or Chemical Principles I (LN)	4
RT 2443	Contemporary Issues in Diversity (DS)	3
3 Hours General Education (Q, H, N, or S)		3
EDHS 3111	Preparing for Your Future Career	1
Hours		17
Spring		
RT 3423 or RT 3433	Recreational Therapy in Geriatric Practices or Recreational Therapy and Physical Disabilities	3
POLS 1113	American Government	3
RT 3843	Recreational Therapy Facilitation Techniques & Interventions	3
3 Hours General Education (H, DH, HG)		3
STAT 2013 or STAT 2023	Elementary Statistics (Q) or Elementary Statistics for Business and Economics (Q)	3
Hours		15
Junior		
Fall		
RT 3413	Recreational Therapy and Mental Illness/Intellectual Disabilities	3
BIOL 3204	Physiology	4
RT 4833	Recreational Therapy and Pediatrics	3
3 Hours General Education (Q, H, N, or S)		3
RT Elective (Choose from: EPSY 3113, 3413, 4063, HDFS 2233, 3203, 3413, or 3423)		3
Hours		16
Spring		
RT 4933	Advanced Methods In Recreational Therapy	3
RT 4843	Recreational Therapy & Healthcare Administration	3
HHP 2654	Applied Anatomy	4
PSYC 3443	Psychopathology (S)	3
Hours		13
Summer		
RT 3473	Medical Terminology and Procedures for Recreational Therapy	3
RT 3483	Junior Internship in Recreation Therapy	3
Hours		6
Senior		
Fall		
RT 3443	Assessment in Recreational Therapy	3
RT 4581	Senior Seminar in Recreational Therapy	1
3 Hours Course designated (S,DS, or GS)		3
3 Hours Course Designated (H, DH, or HG)		3
RT 4443	Recreational Therapy and Child Development	3
Hours		13
Spring		
RT 4483	Administrative Documentation in Internship for Recreational Therapy	3
RT 4489	Senior Internship in Recreational Therapy	9
Hours		12
Total Hours		121